



WELSH ATHLETICS  
ATHLETAU CYMRU

Sun-17-July-2011

Deeside Stadium

Deeside

Welsh Athletics U15 League North Match 1

East Division

Results

**Event : T5 - 75m**

Pos	Bib	Athletes	Club	Perf.	Rank
1	1	Hannah WICKERSON	Colwyn Bay AC	11.6	1
2	66	Ffion COLLETT	Deeside AAC	11.6	1
3	166	Alexandra LOVATT	Wrexham AC	11.9	3
4	137	Siwan EDWARDS	Menai T&F	12.8	7

**Race 2**

Pos	Bib	Athletes	Club	Perf.	
1	2	Molly NEW	Colwyn Bay AC	12.2	4
2	102	Medi MONTAGUE	Menai T&F	12.6	5
3	63	Olivia JONES	Deeside AAC	13.6	12
4	154	Jess MOORE	Wrexham AC	14.5	15

**Race 3**

Pos	Bib	Athletes	Club	Perf.	
1	169	Yasmine BAKER	Wrexham AC	12.6	5
2	106	Seren HUGHES	Menai T&F	12.8	7
3	3	Chloe JONES	Colwyn Bay AC	13.1	9

**Race 4**

Pos	Bib	Athletes	Club	Perf.	
1	4	Bethanny HARVEY	Colwyn Bay AC	13.2	10
2	6	Izzy KIRKHAM	Colwyn Bay AC	13.2	10
3	105	Alaw WILLIAMS	Menai T&F	14.0	13
4	104	Alaw GILFORD	Menai T&F	14.1	14

**Event : T23 - 150m**

Pos	Bib	Athletes	Club	Perf.	
1	1	Hannah WICKERSON	Colwyn Bay AC	23.6	2
2	169	Yasmine BAKER	Wrexham AC	25.0	4
3	63	Olivia JONES	Deeside AAC	25.1	5
4	102	Medi MONTAGUE	Menai T&F	26.1	7

**Race 2**

Pos	Bib	Athletes	Club	Perf.	
1	61	Sasha MARTIN	Deeside AAC	23.5	1
2	166	Alexandra LOVATT	Wrexham AC	24.5	3
3	2	Molly NEW	Colwyn Bay AC	26.0	6
4	103	Jodi CAIN	Menai T&F	27.8	11

**Race 3**

Pos	Bib	Athletes	Club	Perf.	
1	5	Erin BOTHAM	Colwyn Bay AC	26.8	8
2	106	Seren HUGHES	Menai T&F	27.1	9
3	3	Chloe JONES	Colwyn Bay AC	27.2	10
4	6	Izzy KIRKHAM	Colwyn Bay AC	28.8	12
5	105	Alaw WILLIAMS	Menai T&F	29.3	13

**Event : T13 - 800m**

Pos	Bib	Athletes	Club	Perf.	
1	166	Alexandra LOVATT	Wrexham AC	02:57.3	1
2	168	Sophie PAXTON	Wrexham AC	03:02.2	2
3	169	Yasmine BAKER	Wrexham AC	03:05.3	3
4	3	Chloe JONES	Colwyn Bay AC	03:05.9	4
5	5	Erin BOTHAM	Colwyn Bay AC	03:08.5	5
6	4	Bethanny HARVEY	Colwyn Bay AC	03:14.4	6
7	101	Siwan EDWARDS	Menai T&F	03:21.4	7
8	103	Jodi CAIN	Menai T&F	03:24.9	8

**Event : T33 - 4 x 100 relay**

Pos	Bib	Club	Perf.	
1	4	Colwyn Bay AC	68.7	1
2	102	Menai T&F	70.7	2

**Event : T34 - 4 x 100 Guest Relay**

Pos	Bib	Club	Perf.
1	103	Menai T&F	68.8

**Event : F27 - Long Jump**

Pos	Bib	Athletes	Club	Perf.	
1	7	Bryony CARSLY - JONES	Colwyn Bay AC	3.55	1
2	66	Ffion COLLETT	Deeside AAC	3.14	2
3	102	Medi MONTAGUE	Menai T&F	3.04	3
4	61	Sasha MARTIN	Deeside AAC	2.90	4
5	1	Hannah WICKERSON	Colwyn Bay AC	2.86	5
6	168	Sophie PAXTON	Wrexham AC	2.80	6
7	5	Erin BOTHAM	Colwyn Bay AC	2.72	7
8	63	Olivia JONES	Deeside AAC	2.49	8
9	104	Alaw GILFORD	Menai T&F	2.32	9
10	165	Libby SCOTHERN	Wrexham AC	2.30	10
11	103	Jodi CAIN	Menai T&F	2.14	11

**Event : F15 - (2.00kg) Shot**

Pos	Bib	Athletes	Club	Perf.	
1	165	Libby SCOTHERN	Wrexham AC	4.89	1
2	2	Molly NEW	Colwyn Bay AC	3.02	2
3	105	Alaw WILLIAMS	Menai T&F	2.99	3
4	106	Seren HUGHES	Menai T&F	2.73	4
5	6	Izzy KIRKHAM	Colwyn Bay AC	2.22	5

**Event : F22 - (300g) Javelin**

Pos	Bib	Athletes	Club	Perf.	
1	165	Libby SCOTHERN	Wrexham AC	11.04	1
2	61	Sasha MARTIN	Deeside AAC	9.38	2
3	7	Bryony CARSLY - JONES	Colwyn Bay AC	7.84	3
4	137	Siwan EDWARDS	Menai T&F	7.83	4
5	104	Alaw GILFORD	Menai T&F	6.88	5
6	66	Ffion COLLETT	Deeside AAC	6.38	6
7	4	Bethanny HARVEY	Colwyn Bay AC	5.43	7

**Event : T7 - 100m**

Pos	Bib	Athletes	Club	Perf.	Rank
1	71	Chloe HUGHES	Deeside AAC	14.0	G3* 2
2	151	Neve EVANS	Wrexham AC	14.3	G4 3
3	108	Amelia HARPERJONES	Menai T&F	15.3	8
4	16	Bethan ROBERTS	Colwyn Bay AC	15.6	10

**Race 2**

Pos	Bib	Athletes	Club	Perf.	Rank
1	153	Alice ODINAIYA	Wrexham AC	14.8	5
2	17	Bethan YATES	Colwyn Bay AC	15.4	9
3	59	Siobhan BENSON	Deeside AAC	16.0	12
4	109	Keeley WILLIAMS	Menai T&F	16.2	14

**Race 3**

Pos	Bib	Athletes	Club	Perf.	Rank
1	189	Lucy GALLAGHER	Wrexham AC	14.6	G4 4
2	23	Georgia GALEA - JONES	Colwyn Bay AC	14.8	5
3	191	Chloe DAVIES	Wrexham AC	15.8	11
4	18	Sophie JONES	Colwyn Bay AC	16.2	14

**Race 4**

Pos	Bib	Athletes	Club	Perf.	Rank
1	155	Claudia WHITTAKER	Wrexham AC	13.9	G2 1
2	156	Grace LECKIE	Wrexham AC	14.9	7
3	14	Siriol JONES	Colwyn Bay AC	16.1	13

**Event : T28 - 200m**

Pos	Bib	Athletes	Club	Perf.	Rank
1	71	Chloe HUGHES	Deeside AAC	30.4	G4* 1
2	151	Neve EVANS	Wrexham AC	31.5	3
3	15	Fern DAVIES	Colwyn Bay AC	32.4	5
4	108	Amelia HARPERJONES	Menai T&F	35.6	12

**Race 2**

Pos	Bib	Athletes	Club	Perf.	Rank
1	16	Bethan ROBERTS	Colwyn Bay AC	32.8	6
2	153	Alice ODINAIYA	Wrexham AC	32.8	6
3	56	Erin PARRY	Deeside AAC	33.8	10
4	109	Keeley WILLIAMS	Menai T&F	35.3	11

**Race 3**

Pos	Bib	Athletes	Club	Perf.	Rank
1	23	Georgia GALEA - JONES	Colwyn Bay AC	31.2	2
2	22	Niamh NEALE	Colwyn Bay AC	32.2	4
3	191	Chloe DAVIES	Wrexham AC	33.5	8
4	21	Gwenno MORRIS	Colwyn Bay AC	33.7	9
5	157	Lucy O DONNELL	Wrexham AC	36.4	13

**Event : T16 - 800m**

Pos	Bib	Athletes	Club	Perf.	Rank
1	152	Robyn WILLIAMS	Wrexham AC	02:35.8	G3* 1
2	155	Claudia WHITTAKER	Wrexham AC	02:40.9	G4 2
3	15	Fern DAVIES	Colwyn Bay AC	02:42.2	G4 3
4	16	Bethan ROBERTS	Colwyn Bay AC	02:48.4	4
5	14	Siriol JONES	Colwyn Bay AC	03:05.6	5
6	20	Sara MILLBAND	Colwyn Bay AC	03:08.2	6
7	110	Jess WILLIAMS	Menai T&F	03:21.9	7
8	157	Lucy O DONNELL	Wrexham AC	03:26.1	8
9	56	Erin PARRY	Deeside AAC	03:28.3	9

**Event : T32 - 1500m**

Pos	Bib	Athletes	Club	Perf.		
1	107	Cari HUGHES	Menai T&F	05:09.9	G1*	1
2	21	Gwenno MORRIS	Colwyn Bay AC	05:59.8		2

**Event : T22 - 70m Hurdles**

Pos	Bib	Athletes	Club	Perf.		
1	78	Rachel SWASH	Deeside AAC	14.4		1
2	18	Sophie JONES	Colwyn Bay AC	15.9		2
3	19	Megan ROBERTS	Colwyn Bay AC	16.9		3

**Event : T35 - 4 x 100 relay**

Pos	Bib	Club	Perf.		
1	161	Wrexham AC	64.1		1
2	3	Colwyn Bay AC	64.7		2
3	101	Menai T&F	65.3		3

**Event : T36 - 4 x 100 Guest Relay**

Pos	Bib	Club	Perf.		
1	4	Colwyn Bay AC	64.9		

**Event : F26 - High Jump**

Pos	Bib	Athletes	Club	Perf.		
1	152	Robyn WILLIAMS	Wrexham AC	1.15		1
1	55	Rachel SWASH	Deeside AAC	1.15		1
3	20	Sara MILLBAND	Colwyn Bay AC	1.05		3

**Event : F14 - Long Jump**

Pos	Bib	Athletes	Club	Perf.		
1	71	Chloe HUGHES	Deeside AAC	4.28		1
2	151	Neve EVANS	Wrexham AC	3.86		2
3	153	Alice ODINAIYA	Wrexham AC	3.62		3
4	108	Amelia HARPERJONES	Menai T&F	3.47		4
5	59	Siobhan BENSON	Deeside AAC	3.47		4
6	107	Cari HUGHES	Menai T&F	3.45		6
7	17	Bethan YATES	Colwyn Bay AC	3.34		7
8	14	Siriol JONES	Colwyn Bay AC	3.32		8
9	110	Jess WILLIAMS	Menai T&F	2.95		9

**Event : F6 - (2.72kg) Shot**

<b>Pos</b>	<b>Bib</b>	<b>Athletes</b>	<b>Club</b>	<b>Perf.</b>	
1	71	Chloe HUGHES	Deeside AAC	4.28	1
2	151	Neve EVANS	Wrexham AC	3.86	2
3	153	Alice ODINAIYA	Wrexham AC	3.62	3
4	108	Amelia HARPERJONES	Menai T&F	3.47	4
5	59	Siobhan BENSON	Deeside AAC	3.47	4
6	107	Cari HUGHES	Menai T&F	3.45	6
7	17	Bethan YATES	Colwyn Bay AC	3.34	7
8	14	Siriol JONES	Colwyn Bay AC	3.32	8
9	110	Jess WILLIAMS	Menai T&F	2.95	9

**Event : F16 - (0.75kg) Discus**

<b>Pos</b>	<b>Bib</b>	<b>Athletes</b>	<b>Club</b>	<b>Perf.</b>	
1	55	Rachel SWASH	Deeside AAC	14.40	1
2	65	Tia WILLIAMS	Deeside AAC	13.65	2
3	22	Niamh NEALE	Colwyn Bay AC	11.81	3
4	23	Georgia GALEA - JONES	Colwyn Bay AC	10.99	4

**Event : F17 - (400g) Javelin**

<b>Pos</b>	<b>Bib</b>	<b>Athletes</b>	<b>Club</b>	<b>Perf.</b>	
1	65	Tia WILLIAMS	Deeside AAC	19.29	1
2	52	Amber RIMMER	Deeside AAC	13.84	2
3	22	Niamh NEALE	Colwyn Bay AC	13.49	3
4	17	Bethan YATES	Colwyn Bay AC	8.08	4

**Event : T9 - 100m**

Pos	Bib	Athletes	Club	Perf.	Rank
1	62	Shannon MALONE	Deeside AAC	13.0 G2*	1
2	29	Chloe ROBERTS	Colwyn Bay AC	13.3 G3	2
3	160	Amy ODINAIYA	Wrexham AC	14.0	4

**Race 2**

Pos	Bib	Athletes	Club	Perf.	Rank
1	31	Llinos EVANS	Colwyn Bay AC	13.8	3
2	30	Lori SCRIVEN	Colwyn Bay AC	14.3	5
3	159	Emily NOTT	Wrexham AC	14.5	6

**Race 3**

Pos	Bib	Athletes	Club	Perf.	Rank
1	188	Melys EDWARDS	Wrexham AC	14.6	7
2	33	Tesni GLISTER - JACKSON	Colwyn Bay AC	14.8	8
3	34	Ellie NEW	Colwyn Bay AC	15.0	9

**Event : T26 - 200m**

Pos	Bib	Athletes	Club	Perf.	Rank
1	68	Laura TURLEY	Deeside AAC	28.0 G4*	1
2	29	Chloe ROBERTS	Colwyn Bay AC	28.7	2
3	164	Jodie HUGHES	Wrexham AC	32.5	8

**Race 2**

Pos	Bib	Athletes	Club	Perf.	Rank
1	31	Llinos EVANS	Colwyn Bay AC	28.7	2
2	160	Amy ODINAIYA	Wrexham AC	29.5	4
3	30	Lori SCRIVEN	Colwyn Bay AC	30.1	5
4	33	Tesni GLISTER - JACKSON	Colwyn Bay AC	31.8	6
5	34	Ellie NEW	Colwyn Bay AC	32.2	7

**Event : T12 - 300m**

Pos	Bib	Athletes	Club	Perf.	Rank
1	36	Abi BACKSHALL	Colwyn Bay AC	43.3 G3*	1
2	30	Lori SCRIVEN	Colwyn Bay AC	48.3	2
3	159	Emily NOTT	Wrexham AC	48.5	3
4	188	Melys EDWARDS	Wrexham AC	49.3	4
5	49	Grace LOVATT	Colwyn Bay AC	50.5	5

**Event : T20 - 800m**

Pos	Bib	Athletes	Club	Perf.	Rank
1	36	Abi BACKSHALL	Colwyn Bay AC	02:34.0 G2* pb	1
2	111	Lara CAIN	Menai T&F	02:44.1	2
3	164	Jodie HUGHES	Wrexham AC	02:44.4	3
4	49	Grace LOVATT	Colwyn Bay AC	02:46.4	4
5	34	Ellie NEW	Colwyn Bay AC	02:48.8	5

**Event : T30 - 1500m**

Pos	Bib	Athletes	Club	Perf.	Rank
1	37	Rebecca MOORCROFT	Colwyn Bay AC	05:56.7	1
2	161	Anna WILLIS	Wrexham AC	06:27.0	2

**Event : T18 - 75m Hurdles**

Pos	Bib	Athletes	Club	Perf.	Rank
1	188	Melys EDWARDS	Wrexham AC	13.7	1
2	39	Sara DAVIES	Colwyn Bay AC	14.7	2
3	161	Anna WILLIS	Wrexham AC	18.7	3

**Event : T37 - 4 x 100 relay**

Pos	Bib	Club	Perf.	
1	5	Colwyn Bay AC	54.6	1
2	160	Wrexham AC	60.0	2

**Event : T38 - 4 x 100 Guest Relay**

Pos	Bib	Club	Perf.
1	5	Colwyn Bay AC	60.0

**Event : F21 - High Jump**

Pos	Bib	Athletes	Club	Perf.	
1.1	39	Sara DAVIES	Colwyn Bay AC	1.45	1
2.1	160	Amy ODINAIYA	Wrexham AC	1.30	2

**Event : F5 - Long Jump**

Pos	Bib	Athletes	Club	Perf.	
1	39	Sara DAVIES	Colwyn Bay AC	4.21	1
2	32	Lauren CARSLY - JONES	Colwyn Bay AC	4.03	2
3	159	Emily NOTT	Wrexham AC	3.54	3
4	161	Anna WILLIS	Wrexham AC	3.29	4
5	111	Lara CAIN	Menai T&F	2.60	5

**Event : F29 - (3.25kg) Shot**

Pos	Bib	Athletes	Club	Perf.	
1	163	Katy WHITLEY	Wrexham AC	9.40	1
2	38	Hollie PROFITT	Colwyn Bay AC	7.14	2
3	32	Lauren CARSLY - JONES	Colwyn Bay AC	5.56	3
4	111	Lara CAIN	Menai T&F	4.52	4

**Event : F25 - (1.00kg) Discus**

Pos	Bib	Athletes	Club	Perf.	
1	162	Chloe DAVIES	Wrexham AC	23.32	1
2	163	Katy WHITLEY	Wrexham AC	18.56	2
3	38	Hollie PROFITT	Colwyn Bay AC	18.16	3
4	36	Abi BACKSHALL	Colwyn Bay AC	13.45	4

**Event : F11 - (600g) Javelin**

Pos	Bib	Athletes	Club	Perf.	
1	162	Chloe DAVIES	Wrexham AC	21.27	1
2	38	Hollie PROFITT	Colwyn Bay AC	17.42	2
3	163	Katy WHITLEY	Wrexham AC	14.00	3



**Event : T6 - 75m**

Pos	Bib	Athletes	Club	Perf.	Rank
1	8	Morgan ASHWORTH	Colwyn Bay AC	12.2	4
2	172	John CAZEAU	Wrexham AC	12.2	4
3	57	Matthew TULLOCH	Deeside AAC	12.2	4
4	117	Morgan POWELLJONES	Menai T&F	13.2	10

**Race 2**

Pos	Bib	Athletes	Club	Perf.	
1	174	Joseph REES SLAWSON	Wrexham AC	12.0	1
2	173	Stephen DONE	Wrexham AC	12.0	1
3	13	Lewis ROBERTS	Colwyn Bay AC	13.0	8

**Race 3**

Pos	Bib	Athletes	Club	Perf.	
1	11	Matthew JONES	Colwyn Bay AC	12.1	3
2	112	Jack DAVIES	Menai T&F	12.2	4
3	174	Joseph REES SLAWSON	Wrexham AC	13.0	8
4	10	Owen LAWRENCE	Colwyn Bay AC	13.8	11
5	115	Arawn AP-ROBIN	Menai T&F	15.1	12

**Event : T24 - 150m**

Pos	Bib	Athletes	Club	Perf.	
1	11	Matthew JONES	Colwyn Bay AC	23.7	1
2	173	Stephen DONE	Wrexham AC	24.3	3
3	57	Matthew TULLOCH	Deeside AAC	24.7	4
4	126	Kes THOMAS	Menai T&F	25.6	5
5	13	Lewis ROBERTS	Colwyn Bay AC	25.7	6

**Race 2**

Pos	Bib	Athletes	Club	Perf.	
1	143		Menai T&F	24.0	2
2	8	Morgan ASHWORTH	Colwyn Bay AC	25.8	7
3	12	Rowen HUGHES	Colwyn Bay AC	26.3	8
4	114	Guto DAVIES	Menai T&F	26.4	9
5	117	Morgan POWELLJONES	Menai T&F	26.4	9
6	113	Cai PARRY	Menai T&F	26.6	11

**Event : T14 - 800m**

Pos	Bib	Athletes	Club	Perf.	
1	11	Matthew JONES	Colwyn Bay AC	02:51.9	
2	173	Stephen DONE	Wrexham AC	02:56.0	2
3	112	Jack DAVIES	Menai T&F	02:56.9	3
4	12	Rowen HUGHES	Colwyn Bay AC	02:59.0	4
5	114	Guto DAVIES	Menai T&F	03:03.2	5
6	8	Morgan ASHWORTH	Colwyn Bay AC	03:08.9	6
7	118	Jack DALEY	Menai T&F	03:12.8	7
8	113	Cai PARRY	Menai T&F	03:14.5	8
9	13	Lewis ROBERTS	Colwyn Bay AC	03:16.7	9
10	10	Owen LAWRENCE	Colwyn Bay AC	03:18.8	10
11	116	Telor AP-ROBIN	Menai T&F	03:20.4	11
12	115	Arawn AP-ROBIN	Menai T&F	03:26.9	12

**Event : T39 - 4 x 100 relay**

Pos	Bib	Club	Perf.	
1	105	Menai T&F	66.8	1
2	6	Colwyn Bay AC	67.9	2

**Event : T40 - 4 x 100 Guest Relay**

Pos	Bib	Club	Perf.
1	104	Menai T&F	74.2

**Event : F9 - Long Jump**

Pos	Bib	Athletes	Club	Perf.	
1	127	Zac PRICE	Menai T&F	3.64	1
2	113	Cai PARRY	Menai T&F	3.50	2
3	12	Rowen HUGHES	Colwyn Bay AC	3.34	3
4	57	Matthew TULLOCH	Deeside AAC	3.33	4
5	126	Kes THOMAS	Menai T&F	3.06	5
6	114	Guto DAVIES	Menai T&F	3.05	6
7	10	Owen LAWRENCE	Colwyn Bay AC	2.64	7
8	174	Joseph REES SLAWSON	Wrexham AC	2.58	8

**Event : F19 - (2.72kg) Shot**

Pos	Bib	Athletes	Club	Perf.	
1	112	Jack DAVIES	Menai T&F	4.58	1
2	116	Telor AP-ROBIN	Menai T&F	3.03	2

**Event : F28 - (300g) Javelin**

Pos	Bib	Athletes	Club	Perf.	
1	117	Morgan POWELLJONES	Menai T&F	11.33	1
2	115	Arawn AP-ROBIN	Menai T&F	7.91	2
3	116	Telor AP-ROBIN	Menai T&F	6.07	3

**Event : T8 - 100m**

Pos	Bib	Athletes	Club	Perf.		Rank
1	120	Elis ROBERTS	Menai T&F	13.7	G3*	1
2	28	Rhodri DAVIES	Colwyn Bay AC	14.4		2
3	69	Owen HIBBERT	Deeside AAC	14.9		4
4	176	Izaak MORGAN	Wrexham AC	15.5		6

**Race 2**

Pos	Bib	Athletes	Club	Perf.		Rank
1	24	Josh ABLETT	Colwyn Bay AC	14.7		3
2	25	Nathan JONES	Colwyn Bay AC	15.0		5
3	177	Matthew WILLIS	Wrexham AC	16.3		7
4	119	Ryan CAIN	Menai T&F	16.4		8
5	186	Rees JONES	Wrexham AC	18.3		9

**Event : T27 - 200m**

Pos	Bib	Athletes	Club	Perf.		Rank
1	120	Elis ROBERTS	Menai T&F	28.4	G4*	1
2	24	Josh ABLETT	Colwyn Bay AC	30.6		2
3	73	OwenHibbert	Deeside AAC	30.8		3
4	175	Thomas EVANS	Wrexham AC	31.0		5

**Race 2**

Pos	Bib	Athletes	Club	Perf.		Rank
1	118	Jack DALEY	Menai T&F	30.8		3
2	176	Izaak MORGAN	Wrexham AC	32.6		6
3	25	Nathan JONES	Colwyn Bay AC	33.7		7

**Race 3**

Pos	Bib	Athletes	Club	Perf.		Rank
1	69	Owen HIBBERT	Deeside AAC			
2	29	Chloe ROBERTS	Colwyn Bay AC			
3	164	Jodie HUGHES	Wrexham AC			

**Event : T17 - 800m**

Pos	Bib	Athletes	Club	Perf.		Rank
1	118	Jack DALEY	Menai T&F	02:24.6	G2*	1
2	175	Thomas EVANS	Wrexham AC	02:37.0		2
3	58	Mitchell THOMAS	Deeside AAC	02:41.1	pb	3
4	24	Josh ABLETT	Colwyn Bay AC	02:43.9		4
5	73	Owen HIBBERT	Deeside AAC	02:49.9		5
6	54	Matthew STURGESS	Deeside AAC	2:52.9		6
7	186	Rees JONES	Wrexham AC	3:21.3		7

**Event : T31 - 1500m**

Pos	Bib	Athletes	Club	Perf.		Rank
1	119	Ryan CAIN	Menai T&F	05:20.4		
2	26	Mike ROBERTS	Colwyn Bay AC	05:22.7		2
3	177	Mike Roberts	Wrexham AC	05:33.2		3

**Event : T41 - 4 x 100 relay**

Pos	Bib	Club	Perf.		Rank
1	9	Colwyn Bay AC	60.3		1
2	165	Wrexham AC	64.1		2

**Event : F12 - High Jump**

Pos	Bib	Athletes	Club	Perf.	
1	28	Rhodri DAVIES	Colwyn Bay AC	1.34	1
2	54	Matthew STURGESS	Deeside AAC	1.25	2

**Event : F18 - Long Jump**

Pos	Bib	Athletes	Club	Perf.	
1	175	Thomas EVANS	Wrexham AC	4.13	1
2	54	Matthew STURGESS	Deeside AAC	3.98	2
3	28	Rhodri DAVIES	Colwyn Bay AC	3.94	3
4	186	Rees JONES	Wrexham AC	3.88	4
5	177	Matthew WILLIS	Wrexham AC	3.39	5
6	119	Ryan CAIN	Menai T&F	3.36	6
7	25	Nathan JONES	Colwyn Bay AC	2.76	7

**Event : F24 - (3.25kg) Shot**

Pos	Bib	Athletes	Club	Perf.	
1	58	Mitchell THOMAS	Deeside AAC	6.37	1
2	186	Rees JONES	Wrexham AC	4.91	2
3	26	Mike ROBERTS	Colwyn Bay AC	4.91	2

**Event : F20 - (1.00kg) Discus**

Pos	Bib	Athletes	Club	Perf.	
1	58	Mitchell THOMAS	Deeside AAC	17.21	1
2	26	Mike ROBERTS	Colwyn Bay AC	16.68	2

**Event : F4 - (400g) Javelin**

Pos	Bib	Athletes	Club	Perf.	
1	176	Izaac MORGAN	Wrexham AC	13.59	1

**Event : T10 - 100m**

Pos	Bib	Athletes	Club	Perf.		Rank
1	178	Shane HUGHES	Wrexham AC	12.5	G4*	1
2	43	Iestyn THOMAS	Colwyn Bay AC	12.7		2
3	183	Matthew WILLIAMS	Wrexham AC	13.0		4
4	40	Joe SOUTHALL	Colwyn Bay AC	13.4		5

**Race 2**

Pos	Bib	Athletes	Club	Perf.		
1	41	Mike WHITE	Colwyn Bay AC	12.8		3
2	47	Josh MOORE	Colwyn Bay AC	13.9		6
3	42	Matthew DAVIES - JONES	Colwyn Bay AC	15.8		7

**Event : T25 - 200m**

Pos	Bib	Athletes	Club	Perf.		
1	178	Shane HUGHES	Wrexham AC	25.4	G4*	1
2	43	Iestyn THOMAS	Colwyn Bay AC	26.8		3
3	67	Geraint LAWRENCE	Deeside AAC	27.5		5
4	125	James JONES	Menai T&F	30.2		10

**Race 2**

Pos	Bib	Athletes	Club	Perf.		
1	51	Ryan PIKE	Colwyn Bay AC	25.8		2
2	183	Matthew WILLIAMS	Wrexham AC	26.8		3
3	40	Joe SOUTHALL	Colwyn Bay AC	27.5		5
4	125	James JONES	Menai T&F	28.0		7
5	41	Mike WHITE	Colwyn Bay AC	28.3		8
6	47	Josh MOORE	Colwyn Bay AC	28.5		9

**Event : T11 - 400m**

Pos	Bib	Athletes	Club	Perf.		
1	51	Ryan PIKE	Colwyn Bay AC	57.0	G3*	1
2	67	Geraint LAWRENCE	Deeside AAC	60.1		2
3	180	Thomas WHALLEY	Wrexham AC	63.7		3
4	46	Nathan COATES	Colwyn Bay AC	71.0		4
5	48	Harri JONES	Colwyn Bay AC	73.6		5

**Event : T21 - 800m**

Pos	Bib	Athletes	Club	Perf.		
1	121	Andrew MORRIS JONES	Menai T&F	02:21.4	*	1
2	123	Anthony GRANTON	Menai T&F	02:45.8		2

**Event : T29 - 1500m**

Pos	Bib	Athletes	Club	Perf.		
1	122	Rhys JAMES	Menai T&F	04:45.8	G4*	1
2	124	John SPILL	Menai T&F	04:46.5		2
3	190	Harry ARNUFF	Wrexham AC	04:59.0		3
4	180	Thomas WHALLEY	Wrexham AC	05:33.3		4
5	48	Harri JONES	Colwyn Bay AC	05:49.2		5
6	74		Deeside AAC	06:39.9		6

**Event : T15 - 80m Hurdles**

Pos	Bib	Athletes	Club	Perf.		
1	80	Shaun MURRAY	Deeside AAC	13.6		1
2	180	Thomas WHALLEY	Wrexham AC	15.8		2
3	125	James JONES	Menai T&F	16.6		3

**Event : T43 - 4 x 100 relay**

Pos	Bib	Club	Perf.
1	8	Colwyn Bay AC	53.5
2	165	Wrexham AC	55.0
3	105	Menai T&F	58.6

**Event : F3 - High Jump**

Pos	Bib	Athletes	Club	Perf.
1	80	Shaun MURRAY	Deeside AAC	1.60
2	180	Thomas WHALLEY	Wrexham AC	1.50
3	70	Cobey COOPER	Deeside AAC	1.45
4	44	Josh DOWD	Colwyn Bay AC	1.40
5	123	Anthony GRANTON	Menai T&F	1.20

**Event : F23 - Long Jump**

Pos	Bib	Athletes	Club	Perf.
1	51	Ryan PIKE	Colwyn Bay AC	5.17
2	70	Cobey COOPER	Deeside AAC	4.80
3	40	Joe SOUTHALL	Colwyn Bay AC	4.79
4	45	Jack PROFITT	Colwyn Bay AC	4.59
5	180	Thomas WHALLEY	Wrexham AC	4.50
6	125	James JONES	Menai T&F	4.39
7	42	Matthew DAVIES - JONES	Colwyn Bay AC	4.05

**Event : F10 - (4.00kg) Shot**

Pos	Bib	Athletes	Club	Perf.
1	183	Matthew WILLIAMS	Wrexham AC	12.92
2	178	Shane HUGHES	Wrexham AC	9.73
3	45	Jack PROFITT	Colwyn Bay AC	9.37
4	50	James WILLIAMS	Colwyn Bay AC	8.15
5	121	Andrew MORRIS JONES	Menai T&F	7.00
6	122	Rhys JAMES	Menai T&F	4.80

**Event : F30 - (1.25kg) Discus**

Pos	Bib	Athletes	Club	Perf.
1	183	Matthew WILLIAMS	Wrexham AC	31.68
2	44	Josh DOWD	Colwyn Bay AC	16.68
3	124	John SPILL	Menai T&F	13.37
4	42	Matthew DAVIES - JONES	Colwyn Bay AC	13.30

**Event : F1 - (4.00kg) Hammer**

Pos	Bib	Athletes	Club	Perf.
1	183	Matthew WILLIAMS	Wrexham AC	41.69

**Event : F13 - (600g) Javelin**

Pos	Bib	Athletes	Club	Perf.
1	44	Josh DOWD	Colwyn Bay AC	29.87
2	80	Shaun MURRAY	Deeside AAC	28.34
3	70	Cobey COOPER	Deeside AAC	27.59
4	45	Jack PROFITT	Colwyn Bay AC	26.03
5	180	Thomas WHALLEY	Wrexham AC	19.77
6	41	Mike WHITE	Colwyn Bay AC	14.75
7	122	Rhys JAMES	Menai T&F	9.71
8	124	John SPILL	Menai T&F	4.93

U11 GIRLS POINTS					max pts av	Unused	Total Unused	U11 BOYS MATCH POINTS					max	Unused	Total
Events	COL	DEE	MEN	WXM				Events	COL	DEE	MEN	WXM			
75m	8	8	2	4	20	2	2	75m	6	4	4	8	20	2	1
	4	1	2	3	10				3		2	4	10	-1	
150m	6	8	2	4	20			150m	8	2	6	4	20		-3
	2	3	1	4	10				3		4	10	-3		
800M	6		4	8	20	-2	-3	800M	8		4	6	20	-2	-5
	3		2	4	10	-1			4		3	10	-3		
4X100	8		6		20	-6	-6	4X100	6		8		20	-6	-6
LONG JUMP	8	6	4	2	20			LONG JUMP	6	4	8	2	20		-3
	3	4	2	1	10				3		4	10	-3		
SHOT	6		4	8	20	-2	-5	SHOT			8		20	-12	-18
	3		4		10	-3					4	10	-6		
JAVELIN	4	6	2	8	20		-1	JAVELIN			8		20	-12	-18
	2	3	4		10	-1					4	10	-6		
<b>U11 GIRLS TOTAL</b>	<b>63</b>	<b>39</b>	<b>39</b>	<b>46</b>	<b>200</b>	<b>-13</b>		<b>U11 BOYS TOTAL</b>	<b>47</b>	<b>10</b>	<b>67</b>	<b>24</b>	<b>200</b>	<b>-52</b>	
Under 13 Girls Points					Under 13 Boys Points										
Events	COL	DEE	MEN	WXM				Events	COL	DEE	MEN	WXM			
100m	4	6	2	8	20			100m	6	4	8	2	20		-1
	3	2	1	4	10				4		2	3	10	-1	
200m	6	8	2	4	20			200m	6	4	8	2	20		-1
	4	2	1	3	10				2		4	3	10	-1	
800m	6	2	4	8	20		-3	800m	2	4	8	6	20		-3
	3			4	10	-3				4		3	10	-3	
1500m	6		8		20	-6	-16	1500m	6		8	4	20	-2	-12
					10	-10							10	-10	
1k walk					20	-20	-30	1k walk					20	-20	-30
					10	-10							10	-10	
70m Hurdles	6	8			20	-6	-12	75m Hurdles					20	-20	-30
	4				10	-6							10	-10	
4X100	6		4	8	20	-2	-2	4X100	8			6	20	-6	-6
HIGH JUMP	4	8		8	20		-10	HIGH JUMP	8	6			20	-6	-16
					10	-10							10	-10	
LONG JUMP	2	8	4	6	20			LONG JUMP	4	6	2	8	20		-3
	1	3	2	4	10				3		4	10	-3		
SHOT	2	8	4	6	20			SHOT	6	8		6	20		-10
	1	3	2	4	10								10	-10	
DISCUS	6	8			20	-6	-9	DISCUS	6	8			20	-6	-16
	3	4			10	-3							10	-10	
JAVELIN	6	8			20	-6	-9	JAVELIN				8	20	-12	-22
	3	4			10	-3							10	-10	
<b>U13 GIRLS TOTAL</b>	<b>76</b>	<b>82</b>	<b>34</b>	<b>67</b>	<b>350</b>	<b>-91</b>		<b>U13 BOYS TOTAL</b>	<b>61</b>	<b>44</b>	<b>40</b>	<b>55</b>	<b>350</b>	<b>-150</b>	
Under 15 Girls Points					Under 15 Boys Points										
Events	COL	DEE	MEN	WXM				Events	COL	DEE	MEN	WXM			
100m	6	8		4	20	-2	-5	100m	6			8	20	-6	-9
	4			3	10	-3			4			3	10	-3	
200m	6	8		4	20	-2	-5	200m	6	4	2	8	20		
	4			3	10	-3			4		2	4	10		
300m	8			6	20	-6	-9	400m	8	6		4	20	-2	-8
	4			3	10	-3			4				10	-6	
800m	8		6	4	20	-2	-8	800m			8		20	-12	-18
	4				10	-6					4		10	-6	
1500m	8			6	20	-6	-16	1500m	4	2	8	6	20		-3
					10	-10					4	3	10	-3	
1k walk					20	-20	-30	1k walk					20	-20	-30
					10	-10							10	-10	
75m Hurdles	6			8	20	-6	-12	80m Hurdles		8	4	6	20	-2	-12
				4	10	-6							10	-10	
4x100	8			6	20	-6	-6	4x100	8		4	6	20	-2	-2
HIGH JUMP	8			6	20	-6	-16	HIGH JUMP	4	8	2	6	20		-6
					10	-10					4			10	
POLE VAULT					20	-20	-30	POLE VAULT					20	-20	-30
					10	-10							10	-10	
LONG JUMP	8		4	6	20	-2	-5	LONG JUMP	8	6	2	4	20		-6
	4			3	10	-3			4				10	-6	
SHOT	6		4	8	20	-2	-8	SHOT	6		4	8	20	-2	-3
	4				10	-6			3		2	4	10	-1	
DISCUS	6			8	20	-6	-9	DISCUS	6		4	8	20	-2	-8
	3			4	10	-3			4				10	-6	
HAMMER					20	-20	-30	HAMMER				8	20	-12	-22
					10	-10							10	-10	
JAVELIN	6			8	20	-6	-12	JAVELIN	8	6	2	4	20		-1
				4	10	-6			3	4	2		10	-1	
<b>U15 GIRLS TOTAL</b>	<b>111</b>	<b>16</b>	<b>14</b>	<b>98</b>	<b>440</b>	<b>-201</b>		<b>U15 BOYS TOTAL</b>	<b>90</b>	<b>48</b>	<b>54</b>	<b>90</b>	<b>440</b>	<b>-158</b>	

U11 Girls					U11 Boys					
COL	DEE	MEN	WXM		COL	DEE	MEN	WXM		
Match 1 Pts	63	39	39	46	Match 1 Pts	47	10	67	24	
Match 1 Lge Pts	4	2	1	3	Match 1 Lge Pts	3	6		1	
<b>Total Lge Pts</b>	<b>4</b>	<b>2</b>	<b>1</b>	<b>3</b>	<b>Total Lge Pts</b>	<b>3</b>	<b>6</b>		<b>1</b>	
					<b>U11 LEAGUE TABLE &amp; POSITIONS</b>					
					<b>Pos</b>	<b>Club</b>			<b>Total Points</b>	<b>Lge Pts</b>
					1	Colwyn Bay AC			63	4
					2	Wrexham AC			46	3
					3	Deeside AAC			39	2
					4	Menai T&F			39	1
<b>U13 &amp; U15 Girls</b>					<b>U13 &amp; U15 Boys</b>					
Match 1 Pts	187	98	48	165	Match 1 Pts	151	92	94	145	
					<b>U13 &amp; U15 Boys &amp; Girls LEAGUE TABLE &amp; POSITIONS</b>					
<b>U13 &amp; U15 Girls &amp; Boys Combined</b>					<b>Pos</b>	<b>Club</b>			<b>Total Points</b>	<b>Lge Pts</b>
Match 1 Pts	338	190	142	310	1	Colwyn Bay AC			338	4
<b>Total Match Pts</b>	<b>338</b>	<b>190</b>	<b>142</b>	<b>310</b>	2	Wrexham AC			310	3
Match 1 Lge Pts	4	2	1	3	3	Deeside AAC			190	2
<b>Total Lge Pts</b>	<b>4</b>	<b>2</b>	<b>1</b>	<b>3</b>	4	Menai T&F			142	1
					<b>U11 &amp; U13 &amp; U15 OVERALL</b>					
Match 1 Pts	463	262	252	398	<b>Pos</b>	<b>Club</b>			<b>Total Points</b>	<b>Lge Pts</b>
<b>Total Match Pts</b>	<b>463</b>	<b>262</b>	<b>252</b>	<b>398</b>	1	Colwyn Bay AC			463	4
Match 1 Lge Pts	4	2	1	3	2	Wrexham AC			398	3
<b>Total Lge Pts</b>	<b>4</b>	<b>2</b>	<b>1</b>	<b>3</b>	3	Deeside AAC			262	2
<b>Position</b>	<b>1</b>	<b>3</b>	<b>4</b>	<b>2</b>	4	Menai T&F			252	1
					CUP					
					CUP					
					PLATE					
					PLATE					



# WELSH ATHLETICS DISTANCE CARD

MEETING		Welsh Athletics U15 League North Match 1		VENUE	Deeside Stadium, Deeside		TIME	3:40 PM		DATE	Sunday-17-July		
EVENT		F27 - U11 Girls - Long Jump		League Record - Gabbi FAKANDE, 3.64, Cwmbran Harriers (M2-Hereford), 2011									
				Welsh Record - Not Recognised at this age group									
Order	No	NAME	CLUB	1st Trial Metres	2nd Trial Metres	3rd Trial Metres	Best of 3 Metres	Pos aft 3	4th Trial Metres	5th Trial Metres	6th Trial Metres	Best of All Metres	Final Position
1	7	Bryony Jones	Col Bay	2.44	3.55	2.47	3.55	1				3.55	1
2	1	Hannah WICKERSON	Colwyn Bay AC	2.86	2.50	2.50	2.86	5				2.86	5
3	5	Erin BOTHAM	Colwyn Bay AC	2.72	2.43	2.50	2.72	7				2.72	7
4													
5	61	Sasha MARTIN	Deeside AAC	2.90		2.89	2.90	4				2.90	4
6	63	Olivia JONES	Deeside AAC	2.49		2.39	2.49	8				2.49	8
7	66	Ffion COLLETT	Deeside AAC	3.14	2.96		3.14	2				3.14	2
8													
9	165	Libby SCOTHERN	Wrexham AC	2.29	2.30	2.30	2.30	10				2.30	10
10	168	Sophie PAXTON	Wrexham AC	2.80		2.26	2.80	6				2.80	6
11													
12	102	Medi MONTAGUE	Menai T&F	3.04		2.90	3.04	3				3.04	3
13	104	Alaw GILFORD	Menai T&F	2.24	2.32	2.10	2.32	9				2.32	9
14	103	Jodi CAIN	Menai T&F		1.52	2.14	2.14	11				2.14	11
15													
16													

FULL RESULTS										Officials	
POS	No.	NAME	CLUB	PERF	POS	No.	NAME	CLUB	PERF		
1	7	Bryony Jones	Col Bay	3.55	9	104	Alaw GILFORD	Menai T&F	2.32		
2	66	Ffion COLLETT	Deeside AAC	3.14	10	165	Libby SCOTHERN	Wrexham AC	2.30		
3	102	Medi MONTAGUE	Menai T&F	3.04	11	103	Jodi CAIN	Menai T&F	2.14		
4	61	Sasha MARTIN	Deeside AAC	2.90	12						
5	1	Hannah WICKERSON	Colwyn Bay AC	2.86	13						
6	168	Sophie PAXTON	Wrexham AC	2.80	14						
7	5	Erin BOTHAM	Colwyn Bay AC	2.72	15						
8	63	Olivia JONES	Deeside AAC	2.49	16						
										Referee	

# WELSH ATHLETICS DISTANCE CARD

MEETING		Welsh Athletics U15 League North Match 1		VENUE	Deeside Stadium, Deeside		TIME	1:10 PM		DATE	Sunday-17-July		
EVENT		F15 - U11 Girls - (2.00kg) Shot		League Record - Caitlin ARNOLD, 6.19, Newport Harriers (M2-Hereford), 2011									
				Welsh Record - Not Recognised at this age group									
Order	No	NAME	CLUB	1st Trial Metres	2nd Trial Metres	3rd Trial Metres	Best of 3 Metres	Pos aft 3	4th Trial Metres	5th Trial Metres	6th Trial Metres	Best of All Metres	Final Position
1	106	Seren HUGHES	Menai T&F	2.73	2.58	2.45	2.73	4				2.73	4
2	105	Alaw WILLIAMS	Menai T&F	2.47	2.99	2.84	2.99	3				2.99	3
3	6	Izzy KIRKHAM	Colwyn Bay AC	2.02	2.10	2.22	2.22	5				2.22	5
4	2	Molly NEW	Colwyn Bay AC	2.75		3.02	3.02	2				3.02	2
5	165	Libby SCOTHERN	Wrexham AC	4.64		4.89	4.89	1				4.89	1
6													
7													
8													
9													
10													
11													
12													
13													
14													
15													
16													

FULL RESULTS										Officials	
POS	No.	NAME	CLUB	PERF	POS	No.		CLUB	PERF		
1	165	Libby SCOTHERN	Wrexham AC	4.89	9						
2	2	Molly NEW	Colwyn Bay AC	3.02	10						
3	105	Alaw WILLIAMS	Menai T&F	2.99	11						
4	106	Seren HUGHES	Menai T&F	2.73	12						
5	6	Izzy KIRKHAM	Colwyn Bay AC	2.22	13						
6					14					Referee	
7					15						
8					16						

# WELSH ATHLETICS DISTANCE CARD

MEETING		Welsh Athletics U15 League North Match 1		VENUE	Deeside Stadium, Deeside			TIME	2:50 PM		DATE	Sunday-17-July	
EVENT		F22 - U11 Girls - (300g) Javelin		League Record - Ella MORGAN, 14.58, Hereford & Co AC (M2-Hereford), 2010									
				Welsh Record - Not Recognised at this age group									
Order	No	NAME	CLUB	1st Trial Metres	2nd Trial Metres	3rd Trial Metres	<b>Best of 3 Metres</b>	<b>Pos aft 3</b>	4th Trial Metres	5th Trial Metres	6th Trial Metres	<b>Best of All Metres</b>	Final Position
1	137	Siwan EDWARDS	Menai T&F	5.23	7.83	5.49	<b>7.83</b>	<b>4</b>				<b>7.83</b>	4
2	104	Alaw GILFORD	Menai T&F	5.98	6.88	6.73	<b>6.88</b>	<b>5</b>				<b>6.88</b>	5
3	66	Ffion COLLETT	Deeside AAC	5.62	6.20	6.38	<b>6.38</b>	<b>6</b>				<b>6.38</b>	6
4	61	Sasha MARTIN	Deeside AAC	9.38	5.88	7.40	<b>9.38</b>	<b>2</b>				<b>9.38</b>	2
5	165	Libby SCOTHERN	Wrexham AC	10.83	11.04	10.08	<b>11.04</b>	<b>1</b>				<b>11.04</b>	1
6	7	Bryony CARSLEY - JONES	Colwyn Bay AC	6.35	7.84	5.75	<b>7.84</b>	<b>3</b>				<b>7.84</b>	3
7	4	Bethanny HARVEY	Colwyn Bay AC	5.43	4.05	5.06	<b>5.43</b>	<b>7</b>				<b>5.43</b>	7
8													
9													
10													
11													
12													
13													
14													
15													
16													

FULL RESULTS										Officials	
POS	No.	NAME	CLUB	PERF	POS	No.		CLUB	PERF		
1	165	Libby SCOTHERN	Wrexham AC	11.04	9						
2	61	Sasha MARTIN	Deeside AAC	9.38	10						
3	7	Bryony CARSLEY - JONES	Colwyn Bay AC	7.84	11						
4	137	Siwan EDWARDS	Menai T&F	7.83	12						
5	104	Alaw GILFORD	Menai T&F	6.88	13						
6	66	Ffion COLLETT	Deeside AAC	6.38	14						
7	4	Bethanny HARVEY	Colwyn Bay AC	5.43	15					Referee	
8					16						

# WELSH ATHLETICS DISTANCE CARD

New League Record

MEETING		Welsh Athletics U15 League North Match 1		VENUE	Deeside Stadium, Deeside		TIME	1:10 PM		DATE	Sunday-17-July		
				League Record - Brenna PRICE, 4.21, Aberdare VAAC (M4-Aberdare), 2009 & Millie FAKANDE (M1-Aberdare), 2011									
EVENT		F14 - U13 Girls - Long Jump		Welsh Record - Lisa ARMSTRONG, 4.88, Torfaen, 1986									
				1st Trial	2nd Trial	3rd Trial	Best of 3	Pos	4th Trial	5th Trial	6th Trial	Best of All	Final
Order	No	NAME	CLUB	Metres	Metres	Metres	Metres	aft 3	Metres	Metres	Metres	Metres	Position
1	153	Alice ODINAIYA	Wrexham AC	3.23	3.56	3.62	3.62	3				3.62	3
2	151	Neve EVANS	Wrexham AC	3.61	3.74	3.86	3.86	2				3.86	2
3													
4	107	Cari HUGHES	Menai T&F	3.35	3.17	3.45	3.45	6				3.45	6
5	108	Amelia HARPERJONES	Menai T&F	3.44	3.47	3.25	3.47	4				3.47	4
6	110	Jess WILLIAMS	Menai T&F	2.95			2.95	9				2.95	9
7	17	Bethan YATES	Colwyn Bay AC			3.34	3.34	7				3.34	7
8	14	Siriol JONES	Colwyn Bay AC	3.32	3.20		3.32	8				3.32	8
9													
10	59	Siobhan BENSON	Deeside AAC	3.32	3.22	3.47	3.47	4				3.47	5
11	71	Chloe HUGHES	Deeside AAC	4.28	4.27	4.20	4.28	1				4.28	1
12													
13													
14													
15													
16													

FULL RESULTS										Officials	
POS	No.	NAME	CLUB	PERF	POS	No.	NAME	CLUB	PERF		
1	71	Chloe HUGHES	Deeside AAC	4.28	9	110	Jess WILLIAMS	Menai T&F	2.95		
2	151	Neve EVANS	Wrexham AC	3.86	10						
3	153	Alice ODINAIYA	Wrexham AC	3.62	11						
4	108	Amelia HARPERJONES	Menai T&F	3.47	12						
5	59	Siobhan BENSON	Deeside AAC	3.47	13						
6	107	Cari HUGHES	Menai T&F	3.45	14					Referee	
7	17	Bethan YATES	Colwyn Bay AC	3.34	15						
8	14	Siriol JONES	Colwyn Bay AC	3.32	16						

# WELSH ATHLETICS DISTANCE CARD

MEETING		Welsh Athletics U15 League North Match 1		VENUE	Deeside Stadium, Deeside		TIME	11:30 AM		DATE	Sunday-17-July		
EVENT		F6 - U13 Girls - (2.72kg) Shot		League Record - Jess WILLIAMS, 8.82, Hereford & Co AC (M3-Newport), 2010									
				Welsh Record - Adelle NICOLL, 11.81, Oswestry Olympians, 2009									
Order	No	NAME	CLUB	1st Trial Metres	2nd Trial Metres	3rd Trial Metres	Best of 3 Metres	Pos aft 3	4th Trial Metres	5th Trial Metres	6th Trial Metres	Best of All Metres	Final Position
1	153	Alice ODINAIYA	Wrexham AC	3.23	3.56	3.62	3.62	3				3.62	3
2	151	Neve EVANS	Wrexham AC	3.61	3.74	3.86	3.86	2				3.86	2
3													
4	107	Cari HUGHES	Menai T&F	3.35	3.17	3.45	3.45	6				3.45	6
5	108	Amelia HARPERJONES	Menai T&F	3.44	3.47	3.25	3.47	4				3.47	4
6	110	Jess WILLIAMS	Menai T&F	2.95			2.95	9				2.95	9
7	17	Bethan YATES	Colwyn Bay AC			3.34	3.34	7				3.34	7
8	14	Siriol JONES	Colwyn Bay AC	3.32	3.20		3.32	8				3.32	8
9													
10	59	Siobhan BENSON	Deeside AAC	3.32	3.22	3.47	3.47	4				3.47	5
11	71	Chloe HUGHES	Deeside AAC	4.28	4.27	4.20	4.28	1				4.28	1
12													
13													
14													
15													
16													

FULL RESULTS										Officials	
POS	No.	NAME	CLUB	PERF	POS	No.	NAME	CLUB	PERF		
1	71	Chloe HUGHES	Deeside AAC	4.28	9	110	Jess WILLIAMS	Menai T&F	2.95		
2	151	Neve EVANS	Wrexham AC	3.86	10						
3	153	Alice ODINAIYA	Wrexham AC	3.62	11						
4	108	Amelia HARPERJONES	Menai T&F	3.47	12						
5	59	Siobhan BENSON	Deeside AAC	3.47	13						
6	107	Cari HUGHES	Menai T&F	3.45	14					Referee	
7	17	Bethan YATES	Colwyn Bay AC	3.34	15						
8	14	Siriol JONES	Colwyn Bay AC	3.32	16						

# WELSH ATHLETICS DISTANCE CARD

MEETING		Welsh Athletics U15 League North Match 1		VENUE	Deeside Stadium, Deeside		TIME	1:20 PM		DATE	Sunday-17-July		
EVENT		F16 - U13 Girls - (0.75kg) Discus		League Record - Jess WILLIAMS, 25.44, Hereford & Co AC (M4-Newport), 2010									
				Welsh Record - Adele NICOLL, 31.68, Oswestry Olympians, 2009									
Order	No	NAME	CLUB	1st Trial Metres	2nd Trial Metres	3rd Trial Metres	Best of 3 Metres	Pos aft 3	4th Trial Metres	5th Trial Metres	6th Trial Metres	Best of All Metres	Final Position
1	52	Amber RIMMER	Deeside AAC	NT									
2	55	Rachel SWASH	Deeside AAC	13.16		14.40	14.40	1				14.40	1
3	65	Tia WILLIAMS	Deeside AAC	13.65	12.52	12.10	13.65	2				13.65	2
4	22	Niamh NEALE	Colwyn Bay AC		11.37	11.81	11.81	3				11.81	3
5	23	Georgia GALEA - JONES	Colwyn Bay AC			10.99	10.99	4				10.99	4
6													
7													
8													
9													
10													
11													
12													
13													
14													
15													
16													

FULL RESULTS										Officials	
POS	No.	NAME	CLUB	PERF	POS	No.		CLUB	PERF		
1	55	Rachel SWASH	Deeside AAC	14.40	9						
2	65	Tia WILLIAMS	Deeside AAC	13.65	10						
3	22	Niamh NEALE	Colwyn Bay AC	11.81	11						
4	23	Georgia GALEA - JONES	Colwyn Bay AC	10.99	12						
5					13						
6					14					Referee	
7					15						
8					16						

# WELSH ATHLETICS DISTANCE CARD

MEETING		Welsh Athletics U15 League North Match 1		VENUE	Deeside Stadium, Deeside		TIME	2:00 PM		DATE	Sunday-17-July		
EVENT		F17 - U13 Girls - (400g) Javelin		League Record - Jess WILLIAMS, 27.73, Hereford & Co AC (M3-Newport), 2010									
				Welsh Record - Tasia STEPHENS, 32.36, Aberdare AAC, 2009									
Order	No	NAME	CLUB	1st Trial Metres	2nd Trial Metres	3rd Trial Metres	Best of 3 Metres	Pos aft 3	4th Trial Metres	5th Trial Metres	6th Trial Metres	Best of All Metres	Final Position
1	65	Tia WILLIAMS	Deeside AAC	16.35	19.29	17.16	19.29	1				19.29	1
2	52	Amber RIMMER	Deeside AAC	12.56	11.07	13.84	13.84	2				13.84	2
3	17	Bethan YATES	Colwyn Bay AC	7.55	7.18	8.08	8.08	4				8.08	4
4	22	Niamh NEALE	Colwyn Bay AC	7.75	8.25	13.49	13.49	3				13.49	3
5													
6													
7													
8													
9													
10													
11													
12													
13													
14													
15													
16													

FULL RESULTS										Officials	
POS	No.	NAME	CLUB	PERF	POS	No.		CLUB	PERF		
1	65	Tia WILLIAMS	Deeside AAC	19.29	9						
2	52	Amber RIMMER	Deeside AAC	13.84	10						
3	22	Niamh NEALE	Colwyn Bay AC	13.49	11						
4	17	Bethan YATES	Colwyn Bay AC	8.08	12						
5					13						
6					14					Referee	
7					15						
8					16						

# WELSH ATHLETICS DISTANCE CARD

MEETING		Welsh Athletics U15 League North Match 1		VENUE	Deeside Stadium, Deeside		TIME	11:30 AM		DATE	Sunday-17-July		
EVENT		F5 - U15 Girls - Long Jump		League Record - Brenna PRICE, 4.97, Aberdare VAAC (M1-Aberdare), 2011									
				Welsh Record - Ceri JENKINS, 5.57, Cleddau, 1972									
Order	No	NAME	CLUB	1st Trial Metres	2nd Trial Metres	3rd Trial Metres	Best of 3 Metres	Pos aft 3	4th Trial Metres	5th Trial Metres	6th Trial Metres	Best of All Metres	Final Position
1	32	Lauren CARSLY - JONES	Colwyn Bay AC	3.86	3.74	4.03	4.03	2				4.03	2
2	39	Sara DAVIES	Colwyn Bay AC	4.21	4.13	3.79	4.21	1				4.21	1
3	161	Anna WILLIS	Wrexham AC	3.21	3.29	3.00	3.29	4				3.29	4
4	159	Emily NOTT	Wrexham AC	3.54	3.46	3.39	3.54	3				3.54	3
5	111	Lara CAIN	Menai T&F	2.60	2.51	2.17	2.60	5				2.60	5
6													
7													
8													
9													
10													
11													
12													
13													
14													
15													
16													

FULL RESULTS										Officials	
POS	No.	NAME	CLUB	PERF	POS	No.		CLUB	PERF		
1	39	Sara DAVIES	Colwyn Bay AC	4.21	9						
2	32	Lauren CARSLY - JONES	Colwyn Bay AC	4.03	10						
3	159	Emily NOTT	Wrexham AC	3.54	11						
4	161	Anna WILLIS	Wrexham AC	3.29	12						
5	111	Lara CAIN	Menai T&F	2.60	13						
6					14					Referee	
7					15						
8					16						



# WELSH ATHLETICS DISTANCE CARD

MEETING		Welsh Athletics U15 League North Match 1		VENUE	Deeside Stadium, Deeside		TIME	3:40 PM		DATE	Sunday-17-July		
EVENT		F29 - U15 Girls - (3.25kg) Shot		League Record - Emma CROOKE, 10.00, Hereford & Co AC (M4-Aberdare), 2009									
				Welsh Record - Emily STEELE, 13.22, Shrewsbury, 1989									
Order	No	NAME	CLUB	1st Trial Metres	2nd Trial Metres	3rd Trial Metres	Best of 3 Metres	Pos aft 3	4th Trial Metres	5th Trial Metres	6th Trial Metres	Best of All Metres	Final Position
1	163	Katy WHITLEY	Wrexham AC	9.01	9.40	8.63	9.40	1				9.40	1
2	38	Hollie PROFITT	Colwyn Bay AC	6.58	6.58	7.14	7.14	2				7.14	2
3	111	Lara CAIN	Menai T&F	4.52	4.28	4.09	4.52	4				4.52	4
4	32	Lauren CARSLEY - JONES	Colwyn Bay AC		4.04	5.56	5.56	3				5.56	3
5													
6													
7													
8													
9													
10													
11													
12													
13													
14													
15													
16													

FULL RESULTS										Officials	
POS	No.	NAME	CLUB	PERF	POS	No.		CLUB	PERF		
1	163	Katy WHITLEY	Wrexham AC	9.40	9						
2	38	Hollie PROFITT	Colwyn Bay AC	7.14	10						
3	32	Lauren CARSLEY - JONES	Colwyn Bay AC	5.56	11						
4	111	Lara CAIN	Menai T&F	4.52	12						
5					13						
6					14					Referee	
7					15						
8					16						

# WELSH ATHLETICS DISTANCE CARD

MEETING		Welsh Athletics U15 League North Match 1		VENUE	Deeside Stadium, Deeside		TIME	3:00 PM		DATE	Sunday-17-July		
EVENT		F25 - U15 Girls - (1.00kg) Discus		League Record - Emma CROOKE, 32.49, Hereford & Co AC (M2-Aberdare), 2009									
				Welsh Record - Philippa ROLES, 44.12, Swansea Harriers, 1992									
Order	No	NAME	CLUB	1st Trial Metres	2nd Trial Metres	3rd Trial Metres	Best of 3 Metres	Pos aft 3	4th Trial Metres	5th Trial Metres	6th Trial Metres	Best of All Metres	Final Position
1	38	Hollie PROFITT	Colwyn Bay AC	18.16	17.67		18.16	3				18.16	3
2	162	Chloe DAVIES	Wrexham AC	23.18	23.32	22.11	23.32	1				23.32	1
3	163	Katy WHITLEY	Wrexham AC		18.56		18.56	2				18.56	2
4	36	Abi BACKSHALL	Colwyn Bay AC	13.45	13.02	12.09	13.45	4				13.45	4
5													
6													
7													
8													
9													
10													
11													
12													
13													
14													
15													
16													

FULL RESULTS										Officials	
POS	No.	NAME	CLUB	PERF	POS	No.		CLUB	PERF		
1	162	Chloe DAVIES	Wrexham AC	23.32	9						
2	163	Katy WHITLEY	Wrexham AC	18.56	10						
3	38	Hollie PROFITT	Colwyn Bay AC	18.16	11						
4	36	Abi BACKSHALL	Colwyn Bay AC	13.45	12						
5					13						
6					14					Referee	
7					15						
8					16						

# WELSH ATHLETICS DISTANCE CARD

MEETING		Welsh Athletics U15 League North Match 1		VENUE	Deeside Stadium, Deeside		TIME	12:20 PM		DATE	Sunday-17-July		
EVENT		F11 - U15 Girls - (600g) Javelin		League Record - Melissa ARTHUR, 34.03, Newport Harriers (M4-Aberdare), 2009									
				Welsh Record - Danielle HAMER, 38.15, Carmarthen Harriers 2005									
Order	No	NAME	CLUB	1st Trial Metres	2nd Trial Metres	3rd Trial Metres	Best of 3 Metres	Pos aft 3	4th Trial Metres	5th Trial Metres	6th Trial Metres	Best of All Metres	Final Position
1	163	Katy WHITLEY	Wrexham AC	13.13	13.83	14.00	14.00	3				14.00	3
2	162	Chloe DAVIES	Wrexham AC	21.27	19.12	20.75	21.27	1				21.27	1
3	38	Hollie PROFITT	Colwyn Bay AC	17.42			17.42	2				17.42	2
4													
5													
6													
7													
8													
9													
10													
11													
12													
13													
14													
15													
16													

FULL RESULTS										Officials	
POS	No.	NAME	CLUB	PERF	POS	No.	CLUB	PERF			
1	162	Chloe DAVIES	Wrexham AC	21.27	9						
2	38	Hollie PROFITT	Colwyn Bay AC	17.42	10						
3	163	Katy WHITLEY	Wrexham AC	14.00	11						
4					12						
5					13						
6					14					Referee	
7					15						
8					16						

# WELSH ATHLETICS DISTANCE CARD

MEETING		Welsh Athletics U15 League North Match 1		VENUE	Deeside Stadium, Deeside		TIME	12:20 PM		DATE	Sunday-17-July		
EVENT		F9 - U11 Boys - Long Jump		League Record - Carwyn PENNY, 3.99, Newport Harriers (M4-Aberdare), 2009									
				Welsh Record - Not Recognised at this age group									
Order	No	NAME	CLUB	1st Trial Metres	2nd Trial Metres	3rd Trial Metres	Best of 3 Metres	Pos aft 3	4th Trial Metres	5th Trial Metres	6th Trial Metres	Best of All Metres	Final Position
1	10	Owen LAWRENCE	Colwyn Bay AC	2.55	2.47	2.64	2.64	7				2.64	7
2	126	Kes THOMAS	Menai T&F	3.06	2.76	3.01	3.06	5				3.06	5
3	114	Guto DAVIES	Menai T&F	3.05	2.74	2.60	3.05	6				3.05	6
4	174	Joseph REES SLAWSON	Wrexham AC	2.48	2.50	2.58	2.58	8				2.58	8
5	12	Rowen HUGHES	Colwyn Bay AC	3.32	3.34	3.20	3.34	3				3.34	3
6	57	Matthew TULLOCH	Deeside AAC	3.18	3.33	3.25	3.33	4				3.33	4
7	113	Cai PARRY	Menai T&F	3.10	3.50	3.23	3.50	2				3.50	2
8	127	Zac PRICE	Menai T&F	3.33	3.64	3.45	3.64	1				3.64	1
9													
10													
11													
12													
13													
14													
15													
16													

FULL RESULTS										Officials	
POS	No.	NAME	CLUB	PERF	POS	No.		CLUB	PERF		
1	127	Zac PRICE	Menai T&F	3.64	9						
2	113	Cai PARRY	Menai T&F	3.50	10						
3	12	Rowen HUGHES	Colwyn Bay AC	3.34	11						
4	57	Matthew TULLOCH	Deeside AAC	3.33	12						
5	126	Kes THOMAS	Menai T&F	3.06	13						
6	114	Guto DAVIES	Menai T&F	3.05	14					Referee	
7	10	Owen LAWRENCE	Colwyn Bay AC	2.64	15						
8	174	Joseph REES SLAWSON	Wrexham AC	2.58	16						

# WELSH ATHLETICS DISTANCE CARD

MEETING		Welsh Athletics U15 League North Match 1		VENUE	Deeside Stadium, Deeside		TIME	2:00 PM		DATE	Sunday-17-July		
EVENT		F19 - U11 Boys - (2.72kg) Shot		League Record - Deio HUGHES, 6.71, Cardiff AAC (M2-Hereford), 2010									
				Welsh Record - Not Recognised at this age group									
Order	No	NAME	CLUB	1st Trial Metres	2nd Trial Metres	3rd Trial Metres	Best of 3 Metres	Pos aft 3	4th Trial Metres	5th Trial Metres	6th Trial Metres	Best of All Metres	Final Position
1	112	Jack DAVIES	Menai T&F	4.58	3.97	3.78	4.58	1				4.58	1
2	116	Telor AP-ROBIN	Menai T&F	2.70	2.77	3.03	3.03	2				3.03	2
3													
4													
5													
6													
7													
8													
9													
10													
11													
12													
13													
14													
15													
16													

FULL RESULTS										Officials	
POS	No.	NAME	CLUB	PERF	POS	No.	CLUB	PERF			
1	112	Jack DAVIES	Menai T&F	4.58	9						
2	116	Telor AP-ROBIN	Menai T&F	3.03	10						
3					11						
4					12						
5					13						
6					14					Referee	
7					15						
8					16						

# WELSH ATHLETICS DISTANCE CARD

MEETING		Welsh Athletics U15 League North Match 1		VENUE	Deeside Stadium, Deeside		TIME	3:40 PM		DATE	Sunday-17-July		
EVENT		F28 - U11 Boys - (300g) Javelin		League Record - Carwyn PENNY, 25.06, Newport Harriers (M4-Aberdare), 2009									
				Welsh Record - Not Recognised at this age group									
Order	No	NAME	CLUB	1st Trial Metres	2nd Trial Metres	3rd Trial Metres	Best of 3 Metres	Pos aft 3	4th Trial Metres	5th Trial Metres	6th Trial Metres	Best of All Metres	Final Position
1	116	Telor AP-ROBIN	Menai T&F	4.28	5.84	6.07	6.07	3				6.07	3
2	115	Arawn AP-ROBIN	Menai T&F	5.90	7.91	7.27	7.91	2				7.91	2
3	117	Morgan POWELLJONES	Menai T&F	11.33	10.33	8.79	11.33	1				11.33	1
4													
5													
6													
7													
8													
9													
10													
11													
12													
13													
14													
15													
16													

FULL RESULTS										Officials	
POS	No.	NAME	CLUB	PERF	POS	No.		CLUB	PERF		
1	117	Morgan POWELLJONES	Menai T&F	11.33	9						
2	115	Arawn AP-ROBIN	Menai T&F	7.91	10						
3	116	Telor AP-ROBIN	Menai T&F	6.07	11						
4					12						
5					13						
6					14					Referee	
7					15						
8					16						

# WELSH ATHLETICS DISTANCE CARD

MEETING		Welsh Athletics U15 League North Match 1		VENUE	Deeside Stadium, Deeside			TIME	2:00 PM		DATE	Sunday-17-July	
EVENT		F18 - U13 Boys - Long Jump		League Record - Oliver HUNT, 4.44, Cardiff AAC (M2-Hereford), 2010									
				Welsh Record - Clive WOOLMER, 5.31, Milford Haven Sc, 1982									
Order	No	NAME	CLUB	1st Trial Metres	2nd Trial Metres	3rd Trial Metres	Best of 3 Metres	Pos aft 3	4th Trial Metres	5th Trial Metres	6th Trial Metres	Best of All Metres	Final Position
1	177	Matthew WILLIS	Wrexham AC	3.39	3.17	3.30	3.39	5				3.39	5
2	175	Thomas EVANS	Wrexham AC	4.12	3.95	4.13	4.13	1				4.13	1
3	186	Rees JONES	Wrexham AC	3.88	2.90	3.11	3.88	4				3.88	4
4	119	Ryan CAIN	Menai T&F	3.36			3.36	6				3.36	6
5													
6	54	Matthew STURGESS	Deeside AAC	3.98	3.81	3.60	3.98	2				3.98	2
7	25	Nathan JONES	Colwyn Bay AC	2.70	2.76	2.51	2.76	7				2.76	7
8	28	Rhodri DAVIES	Colwyn Bay AC	3.85	3.94	3.41	3.94	3				3.94	3
9													
10													
11													
12													
13													
14													
15													
16													

FULL RESULTS										Officials	
POS	No.	NAME	CLUB	PERF	POS	No.		CLUB	PERF		
1	175	Thomas EVANS	Wrexham AC	4.13	9						
2	54	Matthew STURGESS	Deeside AAC	3.98	10						
3	28	Rhodri DAVIES	Colwyn Bay AC	3.94	11						
4	186	Rees JONES	Wrexham AC	3.88	12						
5	177	Matthew WILLIS	Wrexham AC	3.39	13						
6	119	Ryan CAIN	Menai T&F	3.36	14					Referee	
7	25	Nathan JONES	Colwyn Bay AC	2.76	15						
8					16						

# WELSH ATHLETICS DISTANCE CARD

MEETING		Welsh Athletics U15 League North Match 1		VENUE	Deeside Stadium, Deeside		TIME	2:50 PM		DATE	Sunday-17-July		
EVENT		F24 - U13 Boys - (3.25kg) Shot		League Record - Jordan BRYANT, 7.62, Newport Harriers (M3-Newport), 2010									
				Welsh Record - Matthew EVANS, 14.47, Carmarthen Harriers 2001									
Order	No	NAME	CLUB	1st Trial Metres	2nd Trial Metres	3rd Trial Metres	Best of 3 Metres	Pos aft 3	4th Trial Metres	5th Trial Metres	6th Trial Metres	Best of All Metres	Final Position
1	186	Rees JONES	Wrexham AC	4.91	4.61	4.70	4.91	2				4.91	2
2	26	Mike ROBERTS	Colwyn Bay AC	4.91		4.52	4.91	2				4.91	3
3	58	Mitchell THOMAS	Deeside AAC	6.37	5.56	5.63	6.37	1				6.37	1
4													
5													
6													
7													
8													
9													
10													
11													
12													
13													
14													
15													
16													

FULL RESULTS										Officials	
POS	No.	NAME	CLUB	PERF	POS	No.		CLUB	PERF		
1	58	Mitchell THOMAS	Deeside AAC	6.37	9						
2	186	Rees JONES	Wrexham AC	4.91	10						
3	26	Mike ROBERTS	Colwyn Bay AC	4.91	11						
4					12						
5					13						
6					14					Referee	
7					15						
8					16						



# WELSH ATHLETICS DISTANCE CARD

MEETING		Welsh Athletics U15 League North Match 1		VENUE	Deeside Stadium, Deeside		TIME	2:10 PM		DATE	Sunday-17-July		
EVENT		F20 - U13 Boys - (1.00kg) Discus		League Record - Jordan BRYANT, 22.28, Newport Harriers (M3-Newport), 2010									
				Welsh Record - Chris HUGHES, 38.92, Swansea Harriers, 1991									
Order	No	NAME	CLUB	1st Trial Metres	2nd Trial Metres	3rd Trial Metres	Best of 3 Metres	Pos aft 3	4th Trial Metres	5th Trial Metres	6th Trial Metres	Best of All Metres	Final Position
1	58	Mitchell THOMAS	Deeside AAC	14.59		17.21	17.21	1				17.21	1
2	26	Mike ROBERTS	Colwyn Bay AC	15.42	15.63	16.68	16.68	2				16.68	2
3													
4													
5													
6													
7													
8													
9													
10													
11													
12													
13													
14													
15													
16													

FULL RESULTS										Officials	
POS	No.	NAME	CLUB	PERF	POS	No.		CLUB	PERF		
1	58	Mitchell THOMAS	Deeside AAC	17.21	9						
2	26	Mike ROBERTS	Colwyn Bay AC	16.68	10						
3					11						
4					12						
5					13						
6					14					Referee	
7					15						
8					16						

# WELSH ATHLETICS DISTANCE CARD

MEETING		Welsh Athletics U15 League North Match 1		VENUE	Deeside Stadium, Deeside		TIME	11:30 AM		DATE	Sunday-17-July		
EVENT		F4 - U13 Boys - (400g) Javelin		League Record - Aaron POWELL, 36.74, Cwmbran Harriers (M4-Newport), 2010									
				Welsh Record - Tom NORTON, 44.80, Cwmbran Harriers, 2007									
Order	No	NAME	CLUB	1st Trial Metres	2nd Trial Metres	3rd Trial Metres	Best of 3 Metres	Pos aft 3	4th Trial Metres	5th Trial Metres	6th Trial Metres	Best of All Metres	Final Position
1	176	Izaak MORGAN	Wrexham AC	11.48	13.59		13.59	1				13.59	1
2													
3													
4													
5													
6													
7													
8													
9													
10													
11													
12													
13													
14													
15													
16													

FULL RESULTS										Officials	
POS	No.	NAME	CLUB	PERF	POS	No.	CLUB	PERF			
1	176	Izaak MORGAN	Wrexham AC	13.59	9						
2					10						
3					11						
4					12						
5					13						
6					14					Referee	
7					15						
8					16						

# WELSH ATHLETICS DISTANCE CARD

MEETING		Welsh Athletics U15 League North Match 1		VENUE	Deeside Stadium, Deeside		TIME	2:50 PM		DATE	Sunday-17-July		
EVENT		F23 - U15 Boys - Long Jump		League Record - George GRIFFITHS, 5.92, Cardiff AAC (M1-Aberdare), 2011									
				Welsh Record - Ian STRANGE, 6.63, Newport Harriers, 1977									
Order	No	NAME	CLUB	1st Trial Metres	2nd Trial Metres	3rd Trial Metres	Best of 3 Metres	Pos aft 3	4th Trial Metres	5th Trial Metres	6th Trial Metres	Best of All Metres	Final Position
1	51	Ryan PIKE	Colwyn Bay AC	5.17	4.80	4.76	5.17	1				5.17	1
2	40	Joe SOUTHALL	Colwyn Bay AC		4.76	4.79	4.79	4				4.79	3
3	42	Matthew DAVIES - JONES	Colwyn Bay AC		4.05	3.91	4.05	8				4.05	7
4	80	Shaun MURRAY	Deeside AAC	4.60	4.95	4.73	4.95	2				4.95	
5	70	Cobey COOPER	Deeside AAC	4.70	4.80	4.65	4.80	3				4.80	2
6	180	Thomas WHALLEY	Wrexham AC	4.50		4.43	4.50	6				4.50	5
7	125	James JONES	Menai T&F	4.14	4.39	4.06	4.39	7				4.39	6
8	45	Jack PROFITT	Colwyn Bay AC	4.39	4.59	4.52	4.59	5				4.59	4
9													
10													
11													
12													
13													
14													
15													
16													

FULL RESULTS										Officials	
POS	No.	NAME	CLUB	PERF	POS	No.		CLUB	PERF		
1	51	Ryan PIKE	Colwyn Bay AC	5.17	9						
2	70	Cobey COOPER	Deeside AAC	4.80	10						
3	40	Joe SOUTHALL	Colwyn Bay AC	4.79	11						
4	45	Jack PROFITT	Colwyn Bay AC	4.59	12						
5	180	Thomas WHALLEY	Wrexham AC	4.50	13						
6	125	James JONES	Menai T&F	4.39	14						
7	42	Matthew DAVIES - JONES	Colwyn Bay AC	4.05	15						
8					16						
										Referee	

# WELSH ATHLETICS DISTANCE CARD

MEETING		Welsh Athletics U15 League North Match 1		VENUE	Deeside Stadium, Deeside		TIME	12:20 PM		DATE	Sunday-17-July		
EVENT		F10 - U15 Boys - (4.00kg) Shot		League Record - Matthew FIELD, 14.14, Aberdare VAAC (M4-Aberdare), 2009									
				Welsh Record - Matthew EVANS, 17.36, Carmarthen Harriers 2003									
Order	No	NAME	CLUB	1st Trial Metres	2nd Trial Metres	3rd Trial Metres	Best of 3 Metres	Pos aft 3	4th Trial Metres	5th Trial Metres	6th Trial Metres	Best of All Metres	Final Position
1	50	James WILLIAMS	Colwyn Bay AC	7.58	7.31	8.15	8.15	4				8.15	4
2	183	Matthew WILLIAMS	Wrexham AC	12.52	12.73	12.92	12.92	1				12.92	1
3	178	Shane HUGHES	Wrexham AC		9.50	9.73	9.73	2				9.73	2
4	45	Jack PROFITT	Colwyn Bay AC	8.70	9.37	7.62	9.37	3				9.37	3
5	121	Andrew MORRIS JONES	Menai T&F	6.78	7.00		7.00	5				7.00	5
6	122	Rhys JAMES	Menai T&F	4.28	4.80		4.80	6				4.80	6
7													
8													
9													
10													
11													
12													
13													
14													
15													
16													

FULL RESULTS										Officials	
POS	No.	NAME	CLUB	PERF	POS	No.	CLUB	PERF			
1	183	Matthew WILLIAMS	Wrexham AC	12.92	9						
2	178	Shane HUGHES	Wrexham AC	9.73	10						
3	45	Jack PROFITT	Colwyn Bay AC	9.37	11						
4	50	James WILLIAMS	Colwyn Bay AC	8.15	12						
5	121	Andrew MORRIS JONES	Menai T&F	7.00	13						
6	122	Rhys JAMES	Menai T&F	4.80	14					Referee	
7					15						
8					16						

# WELSH ATHLETICS DISTANCE CARD

MEETING		Welsh Athletics U15 League North Match 1		VENUE	Deeside Stadium, Deeside		TIME	3:50 PM		DATE	Sunday-17-July		
EVENT		F30 - U15 Boys - (1.25kg) Discus		League Record - Matthew FIELD, 39.40, Aberdare VAAC (M4-Aberdare), 2009									
				Welsh Record - Liam WALSH, 48.66, Deeside AAC, 1996									
Order	No	NAME	CLUB	1st Trial Metres	2nd Trial Metres	3rd Trial Metres	Best of 3 Metres	Pos aft 3	4th Trial Metres	5th Trial Metres	6th Trial Metres	Best of All Metres	Final Position
1	183	Matthew WILLIAMS	Wrexham AC	31.68		29.28	31.68	1				31.68	1
2	42	Matthew DAVIES - JONES	Colwyn Bay AC	11.48	12.77	13.30	13.30	4				13.30	4
3	44	Josh DOWD	Colwyn Bay AC	15.41	16.68	15.30	16.68	2				16.68	2
4	124	John SPILL	Menai T&F		13.37		13.37	3				13.37	3
5													
6													
7													
8													
9													
10													
11													
12													
13													
14													
15													
16													

FULL RESULTS										Officials	
POS	No.	NAME	CLUB	PERF	POS	No.		CLUB	PERF		
1	183	Matthew WILLIAMS	Wrexham AC	31.68	9						
2	44	Josh DOWD	Colwyn Bay AC	16.68	10						
3	124	John SPILL	Menai T&F	13.37	11						
4	42	Matthew DAVIES - JONES	Colwyn Bay AC	13.30	12						
5					13						
6					14					Referee	
7					15						
8					16						

# WELSH ATHLETICS DISTANCE CARD

New League Record

MEETING		Welsh Athletics U15 League North Match 1		VENUE	Deeside Stadium, Deeside		TIME	11:00 AM		DATE	Sunday-17-July		
EVENT		F1 - U15 Boys - (4.00kg) Hammer		League Record - Matteo HOLMES, 37.00, Cardiff AAC (M4-Newport), 2010									
				Welsh Record - Rhys HODNETT, 55.26, Cardiff AAC, 2006									
Order	No	NAME	CLUB	1st Trial Metres	2nd Trial Metres	3rd Trial Metres	Best of 3 Metres	Pos aft 3	4th Trial Metres	5th Trial Metres	6th Trial Metres	Best of All Metres	Final Position
1	50	James WILLIAMS	Colwyn Bay AC	46.00	47.08	44.38	47.08					47.08	
2	183	Matthew WILLIAMS	Wrexham AC			41.69	41.69					41.69	1
3													
4													
5													
6													
7													
8													
9													
10													
11													
12													
13													
14													
15													
16													

FULL RESULTS										Officials	
POS	No.	NAME	CLUB	PERF	POS	No.	CLUB	PERF			
1	183	Matthew WILLIAMS	Wrexham AC	41.69	9						
2					10						
3					11						
4					12						
5					13						
6					14					Referee	
7					15						
8					16						

# WELSH ATHLETICS DISTANCE CARD

MEETING		Welsh Athletics U15 League North Match 1		VENUE	Deeside Stadium, Deeside			TIME	1:10 PM		DATE	Sunday-17-July	
EVENT		F13 - U15 Boys - (600g) Javelin		League Record - Tom NORTON, 44.64, Cwmbran Harriers (M4-Aberdare), 2009									
				Welsh Record - Rhys WILLIAMS, 58.58, Swansea Harriers, 1996									
Order	No	NAME	CLUB	1st Trial Metres	2nd Trial Metres	3rd Trial Metres	Best of 3 Metres	Pos aft 3	4th Trial Metres	5th Trial Metres	6th Trial Metres	Best of All Metres	Final Position
1	180	Thomas WHALLEY	Wrexham AC	19.77			19.77	5				19.77	5
2	70	Cobey COOPER	Deeside AAC	27.59		26.43	27.59	3				27.59	3
3	80	Shaun MURRAY	Deeside AAC	26.19	28.34	26.51	28.34	2				28.34	2
4	41	Mike WHITE	Colwyn Bay AC			14.75	14.75	6				14.75	6
5	45	Jack PROFITT	Colwyn Bay AC	26.03	22.33	23.69	26.03	4				26.03	4
6	44	Josh DOWD	Colwyn Bay AC	29.87	23.05	20.53	29.87	1				29.87	1
7	124	John SPILL	Menai T&F		4.93		4.93	8				4.93	8
8	122	Rhys JAMES	Menai T&F	9.71			9.71	7				9.71	7
9													
10													
11													
12													
13													
14													
15													
16													

FULL RESULTS										Officials	
POS	No.	NAME	CLUB	PERF	POS	No.		CLUB	PERF		
1	44	Josh DOWD	Colwyn Bay AC	29.87	9						
2	80	Shaun MURRAY	Deeside AAC	28.34	10						
3	70	Cobey COOPER	Deeside AAC	27.59	11						
4	45	Jack PROFITT	Colwyn Bay AC	26.03	12						
5	180	Thomas WHALLEY	Wrexham AC	19.77	13						
6	41	Mike WHITE	Colwyn Bay AC	14.75	14					Referee	
7	122	Rhys JAMES	Menai T&F	9.71	15						
8	124	John SPILL	Menai T&F	4.93	16						

# Welsh Athletics - Height Card

MEETING		Welsh Athletics U15 League North Match 1			VENUE	Deeside Stadium, Deeside										DATE	Sun-17-July-2011						
EVENT		F26 - U13 Girls - High Jump			TIME	3:30 PM Welsh Record - Julia CHARLTON, 1.68, Carmarthen Harriers 1978																	
Order	Bib	NAME	CLUB	FIRST TRIAL	1.05	1.10	1.15	1.18											Best	Trials at Ht Cleared	Total Failures	Total Trials	Final Position
				MIN START HEIGHT	Metres	Metres	Metres	Metres	Metres	Metres	Metres	Metres	Metres	Metres	Metres	Metres	Metres	Metres					
1	152	Robyn WILLIAMS	Wrexham AC			o	o	x x x											1.15	1	3	5	1
2	55	Rachel SWASH	Deeside AAC			o	o	x x x											1.15	1	3	5	1
3	19	Megan ROBERTS	Colwyn Bay AC		x	x	x														3	3	
4	18	Sophie JONES	Colwyn Bay AC		x	x	x														3	3	
5	20	Sara MILLBAND	Colwyn Bay AC		x	x	o												1.05	3	2	3	3
6																							
7																							
8																							
9																							
10																							
11																							
12																							
13																							
14																							
15																							
16																							

FULL RESULTS										OFFICIALS SIGNATURES	
POS	BIB	NAME	CLUB	PERF	POS	BIB	NAME	CLUB	PERF		
1	152	Robyn WILLIAMS	Wrexham AC	1.15							
1	55	Rachel SWASH	Deeside AAC	1.15							
3	20	Sara MILLBAND	Colwyn Bay AC	1.05							
										REFEREE'S SIGNATURE	







# Welsh Athletics - Height Card

MEETING		Welsh Athletics U15 League North Match 1				VENUE	Deeside Stadium, Deeside										DATE	Sun-17-July-2011				
EVENT		F3 - U15 Boys - High Jump				TIME	League Record - Tom TROTTMAN, 1.71, Cardiff AAC (M2-Hereford), 2011															
						11:30 AM	Welsh Record - Chuka ENIH-SNELL, 1.96, Swansea Harriers, 1998															
Order	Bib	NAME	CLUB	FIRST TRIAL	1.20	1.25	1.30	1.35	1.40	1.45	1.50	1.55	1.60	1.65		Best	Trials at Ht Cleared	Total Failures	Total Trials	Final Position		
				MIN START HEIGHT	Metres	Metres	Metres	Metres	Metres	Metres	Metres	Metres	Metres	Metres	Metres	Metres					Metres	Metres
1	180	Thomas WHALLEY	Wrexham AC					O	O	O	O	X X X				1.50	1	3	7	2		
2	44	Josh DOWD	Colwyn Bay AC		O	O	X O	X X O O		X X X						1.40	1	6	11	4		
3	70	Cobey COOPER	Deeside AAC					O	O	X X O	X X X					1.45	3	5	8	3		
4	80	Shaun MURRAY	Deeside AAC								O	O	O	X X X		1.60	1	3	6	1		
5	123	Anthony GRANTON	Menai T&F		X X O	X X X										1.20	3	5	6	5		
6																						
7																						
8																						
9																						
10																						
11																						
12																						
13																						
14																						
15																						
16																						

FULL RESULTS										OFFICIALS SIGNATURES	
POS	BIB	NAME	CLUB	PERF	POS	BIB	NAME	CLUB	PERF		
1	80	Shaun MURRAY	Deeside AAC	1.60							
2	180	Thomas WHALLEY	Wrexham AC	1.50							
3	70	Cobey COOPER	Deeside AAC	1.45							
4	44	Josh DOWD	Colwyn Bay AC	1.40							
5	123	Anthony GRANTON	Menai T&F	1.20							
										REFEREE'S SIGNATURE	