



WELSH ATHLETICS
ATHLETAU CYMRU

Welsh Athletics Senior League Div 2

Ynys Stadium

Aberdare

06 August 2011

Results

T27 - U17W, 200m

League Record Lisa-Marie EDWARDS, Wrexham AC, 25.7, 2003

Welsh Record Michelle PROBERT, Sale Harriers, 23.6, 1976

Pos	Bib	Athletes	Club	Perf.	Comments	Rank
1	733	Rhiannon JEFFREYS	Neath Harriers	26.20	G3*	1
2	709	Laura DAVIES	Llanelli AC	26.50	G3	2
3	625	Lora ROBERTS	Bridgend AC	27.60		3
4	703	Elin EVANS	Llanelli AC	29.30	pb	4
5	565	Elise MCLAUGHLIN	Barry & Vale Harriers	30.30		5
6	668	Kate NASH	Colwyn Bay AC	30.90		6
7	564	Cerren RICHARDS	Barry & Vale Harriers	31.30		7

T14 - U17W, 800m

League Record Rebecca NUTALL, Deeside AAC, 1.18.4, 2003

Welsh Record Amanda PRITCHARD, Cardiff AAC, 2.07.32, 1996

Pos	Bib	Athletes	Club	Perf.	Rank
1	668	Kate NASH	Colwyn Bay AC	3:10.3	1

T9 - U17W, 3000m

League Record Ffion PRICE, Brecon AC, 10.46.30, 2009

Welsh Record Non STANFORD, Swansea Harriers, 9.22.84, 2004

Pos	Bib	Athletes	Club	Perf.
No Athletes Declared				

T30 - U17W, 1500m Steeplechase

League Record Rhianwedd PRICE, Brecon AC, 5.17.2, 2010

Welsh Record Angharad DAVIES, Carmarthen Harriers, 5:24.32, 2007

Pos	Bib	Athletes	Club	Perf.
No Athletes Declared				

T13 - U17W, 300m hdl (76.2cm)

League Record Megan ROGERS, Swansea Harriers, 44.89, 2007

Welsh Record Caryl GRANVILLE, Carmarthen Harriers, 42.65, 2006

Pos	Bib	Athletes	Club	Perf.	Comments	Rank
1	625	Lora ROBERTS	Bridgend AC	47.4	G3*	1

F24 - U17W, Discus (1.00kg)

League Record Faye CALVERT, Deeside AAC, 38.11, 2006

Welsh Record Philippa ROLES, Swansea, 1992

Pos	Bib	Athletes	Club	Perf.	Comments	Rank
1	612	Zoe DAKIN	Bridgend AC	24.88	G4* pb	1
2	564	Cerren RICHARDS	Barry & Vale Harriers	14.19	pb	2
3	668	Kate NASH	Colwyn Bay AC	10.62	pb	3
4	565	Elise MCLAUGHLIN	Barry & Vale Harriers	7.19	pb	4

F12 - U17W, Hammer (4.00kg)

League Record Charlotte MURRAY, Swansea Harriers, 44.44, 2006

Welsh Record Toni WELLS, Swansea Harriers, 51.77, 2009

Pos	Bib	Athletes	Club	Perf.	Comments	Rank
1	612	Zoe DAKIN	Bridgend AC	42.71	G1* pb	1

T21 - U17M, 200m**League Record** Thomas CUSWORTH, Wrexham AC, 22.5, 2008**Welsh Record** Tim BENJAMIN, Cardiff AAC, 21.19, 1998

Pos	Bib	Athletes	Club	Perf.	Comments	Rank
1	551	Thomas WILLIAMS	Barry & Vale Harriers	23.7	*	1
2	539	Liam DAVIES	Aberdare VAAC	24.1		2
3	680	Matthew ANTONIAZZI	Cwmbran Harriers	24.5		3
4	664	Tom HARDING	Colwyn Bay AC	25.2		5
5	708	Aidan JAMES	Llanelli AC	25.7		7
6	593	Rhodri BOGGUST	Brecon AC	25.9		9

Race 2

Pos	Bib	Athletes	Club	Perf.	Rank
1	555	Joseph GREEN	Barry & Vale Harriers	24.8	4
2	557	Jacob BRISCOMBE	Barry & Vale Harriers	25.6	6
3	681	Owen DAVIES	Cwmbran Harriers	25.7	7

T12 - U17M, 800m**League Record** Rob LIGHTFOOT, Wrexham AC, 1.57.7, 2003**Welsh Record** Neil HORSEFIELD, Newport Harriers, 1.51.6, 1983

Pos	Bib	Athletes	Club	Perf.	Rank
1	566	Matthew EDWARDS	Barry & Vale Harriers	01:58.5	G1* 1
2	664	Tom HARDING	Colwyn Bay AC	02:00.4	G2 2
3	681	Owen DAVIES	Cwmbran Harriers	02:04.5	3
4	682	Ryan LEE	Cwmbran Harriers	02:06.6	4
5	553	Harrison WILLIAMS	Barry & Vale Harriers	02:13.3	5
6	706	Nathan HARRISON	Llanelli AC	02:19.0	6

T5 - U17M, 3000m**League Record** Daniel CHESWORTH, Newport Harriers, 9.08.0, 2010**Welsh Record** Colin CLARKSON, Swansea, 8.25.2, 1977

Pos	Bib	Athletes	Club	Perf.	Rank
1	662	Jake GRIFFITH	Colwyn Bay AC	10:39.2	1

T24 - U17M, 1500m Steeplechase**League Record** Mitchell ASPLAND, Neath Harriers, 4.40.0, 2003**Welsh Record** Steve EVANS, Abertillery AC, 4.11.2, 1974

Pos	Bib	Athletes	Club	Perf.	Rank
1	649	George BACKSHALL	Colwyn Bay AC	5:38.5	* 1
2	662	Jake GRIFFITH	Colwyn Bay AC	5:51.8	* 2

T6 - U17M, 400m Hurdles (84.0cm)**League Record** Gareth SUTCLIFFE, Cardiff AAC, 58.0, 2005**Welsh Record** Mark ROWLANDS, Swansea Harriers, 53.30, 1994

Pos	Bib	Athletes	Club	Perf.	Rank
1	680	Matthew ANTONIAZZI	Cwmbran Harriers	60.5	G3* 1
2	593	Rhodri BOGGUST	Brecon AC	64.9	2
3	552	Ieuan ORTON	Barry & Vale Harriers	64.9	2

League Record #N/A**Welsh Record** #N/A

Pos	Bib	Athletes	Club	Perf.	Rank
1	551	Barry & Vale Harriers		3:55.6	1
2	649	Colwyn Bay AC		4:09.3	2

F6 - U17M, Pole Vault**League Record** Paul WALKER, Cardiff AAC, 4.25,**Welsh Record** Neil WINTER, Shaftesbury, 5.20, 1990

Pos	Bib	Athletes	Club	Perf.	Rank
1	684	Stephen SCARFI	Cwmbran Harriers	3.60	G3* pb 1

PB'S ARE SUBJECT TO CONFIRMATION

* = AW std for publication

F9 - U17M, Triple Jump**League Record** Craig PHILLIPS, Deeside AAC, 13.51, 2002**Welsh Record** Steven SHALDERS, Cardiff AAC, 15.14, 1998

Pos	Bib	Athletes	Club	Perf.		
1	551	Thomas WILLIAMS	Barry & Vale Harriers	11.91	G4*	pb 1
2	555	Joseph GREEN	Barry & Vale Harriers	11.37	*	pb 2
3	557	Jacob BRISCOMBE	Barry & Vale Harriers	10.95		pb 3
4	553	Harrison WILLIAMS	Barry & Vale Harriers	10.59		pb 4
5	539	Liam DAVIES	Aberdare VAAC	10.46		pb 5
6	649	George BACKSHALL	Colwyn Bay AC	10.39		pb 6
7	662	Jake GRIFFITH	Colwyn Bay AC	9.73		pb 7

F15 - U17M, Discus (1.00kg)**League Record** Glenn WILLIAMS, Cardiff AAC, 48.38,**Welsh Record** Gareth BULL, Cardiff AAC, 48.93, 2001

Pos	Bib	Athletes	Club	Perf.		
1	661	Mathew REECE	Colwyn Bay AC	38.61	G2*	pb 1
2	552	Ieuan ORTON	Barry & Vale Harriers	26.53	*	pb 2
3	539	Liam DAVIES	Aberdare VAAC	20.78		pb 3
4	557	Jacob BRISCOMBE	Barry & Vale Harriers	18.32		pb 4
5	649	George BACKSHALL	Colwyn Bay AC	17.54		pb 5

F3 - U17M, Hammer (5.00kg)**League Record** Rhys HODNETT, Cardiff AAC, 55.85, 2007**Welsh Record** Shaun PICKERING, Haringey, 62.12, 1978

Pos	Bib	Athletes	Club	Perf.		
					G1*	pb 1

T26 - U20W, 200m

League Record Melanie STEPHENSON, Cardiff AAC, 24.7, 2005

Welsh Record Michelle PROBERT, Sale Harriers, 23.60, 1976

Pos	Bib	Athletes	Club	Perf.	Comments	Rank
1	588	Ffion PRICE	Brecon AC	27.1	*	1
2	705	Abigail HALL	Llanelli AC	27.7		2
3	638	Nia ROBERTS	Colwyn Bay AC	29.4		3

T16 - U20W, 800m

League Record Kate WILTSHIRE, Cardiff AAC, 2.17.12, 2006

Welsh Record Kirsty MCDERMOTT, Brecon AC, 2.04.1, 1981

Pos	Bib	Athletes	Club	Perf.	Comments	Rank
1	588	Ffion PRICE	Brecon AC	2:17.2	G3*	1
2	638	Nia ROBERTS	Colwyn Bay AC	3:07.4		2

T8 - U20W, 3000m

League Record Nigel ADAMS, Swansea Harriers, 14.15.9, 2005

Welsh Record Non STANFORD, Swansea Harriers, 9.22.84, 2004

Pos	Bib	Athletes	Club	Perf.
		No Athletes Declared		

T29 - U20W, 1500m Steeplechase

League Record No record set

Welsh Record

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Pos	Bib	Athletes	Club	Perf.	Comments	Rank
1	589	Rhianwedd PRICE	Brecon AC	5:20.6	G3*	1

T11 - U20W, 400m Hurdles (76.2cm)

League Record Megan ROGERS, Wrexham AC, 63.2, 2010

Welsh Record Alyson EVANS, Cardiff AAC, 58.37, 1985

Pos	Bib	Athletes	Club	Perf.	Rank
1	589	Rhianwedd PRICE	Brecon AC	1:13.5	1

F23 - U20W, Discus (1.00kg)

League Record Vanessa HEAD, Cardiff AAC, 62.02, 1984

Welsh Record Philippa ROLES, Swansea, 51.60, 1997

Pos	Bib	Athletes	Club	Perf.	Comments	Rank
1	626	Trudy WILLIAMS	Bridgend AC	29.25	G3* pb	1
2	538	Holly JONES	Aberdare VAAC	14.66	pb	2
3	638	Nia ROBERTS	Colwyn Bay AC	9.79	pb	3

F11 - U20W, Hammer (4.00kg)

League Record Toni WELLS, Swansea Harriers, 49.85, 2010

Welsh Record Laura DOUGLAS, Sale Harriers, 55.22, 2002

Pos	Bib	Athletes	Club	Perf.	Comments	Rank
1	626	Trudy WILLIAMS	Bridgend AC	29.62	* pb	1

T20 - U20M, 200m

League Record Calvin MCLAGGON, Barry & Vale H, 22.20, 2003

Welsh Record Christian MALCOLM, Cardiff AAC, 20.29, 1998

Pos	Bib	Athletes	Club	Perf.	Comments	Rank
1	685	David BANWELL CLODE	Cwmbran Harriers	24.2		1

T17 - U20M, 800m

League Record Elliott HARDEE, Cardiff AAC, 1.55.3, 2010

Welsh Record Paul WILLIAMS, Barry & Vale H, 1.48.20, 1986

Pos	Bib	Athletes	Club	Perf.	Comments	Rank
1	685	David BANWELL CLODE	Cwmbran Harriers	2:02.3	*	1
2	734	Matthew O'LEARY	Neath Harriers	2:02.4		2

F5 - U20M, Pole Vault

League Record Paul WALKER, Cardiff AAC, 4.20, 2003

Welsh Record Neil WINTER, Shaftesbury , 5.50, 1992

Pos	Bib	Athletes	Club	Perf.	Comments	Rank
1	556	Curtis MATHEWS	Barry & Vale Harriers			DQ

rule 8, 2011 senior league rules for competition

F8 - U20M, Triple Jump

League Record Adam WILLIAMS, Menai T&F, 14.05, 2007

Welsh Record Steven SHALDERS, Cardiff AAC, 15.99, 2000

Pos	Bib	Athletes	Club	Perf.	Comments	Rank
1	562	Jamie LAMM	Barry & Vale Harriers	10.87	pb	1
2	561	Fearghas GOUGH	Barry & Vale Harriers	10.80	pb	2

F22 - SW, Discus (1.00kg)

League Record Fay CALVERT, Deeside AAC, 36.70, 2010

Welsh Record Vanessa HEAD, Cardiff AAC, 64.68, 1983

Pos	Bib	Athletes	Club	Perf.	Comments	Rank
1	556	Curtis MATHEWS	Barry & Vale Harriers			DQ
2	561	Fearghas GOUGH	Barry & Vale Harriers	20.43	pb	1
3	562	Jamie LAMM	Barry & Vale Harriers	17.83	pb	2

rule 8, 2011 senior league rules for competition

F2 - U20M, Hammer (6.00kg)

League Record Ashley ANDREWS, Rhondda AC, 58.67, 2011

Welsh Record Matthew RICHARDS, Swansea Harriers, 58.44, 2005

Pos	Bib	Athletes	Club	Perf.	Comments	Rank
1	661	Mathew REECE	Colwyn Bay AC	51.45	G2* pb	1

T25 - SW, 200m

League Record Sallyanne SHORT, Torfaen AC, 24.4, 1987

Welsh Record Michelle SCUTT, Sale Harriers, 22.8, 1982

Pos	Bib	Athletes	Club	Perf.	Comments	Rank
1	640	Laurie GRIFFITH	Colwyn Bay AC	37.9		1
2	531	Helen WILLIAMS	Aberdare VAAC	57.9		2

T15 - SW, 800m

League Record Samantha PORTER, Cardiff AAC, 2.11.1, 1989

Welsh Record Kirsty MADERMOTT, Bristol, 1.57.42, 1985

Pos	Bib	Athletes	Club	Perf.	Comments	Rank
1	583	Leigh BARKER	Brecon AC	2:35.9		1
2	707	Ffion EVANS	Llanelli AC	2:51.3		2
3	640	Laurie GRIFFITH	Colwyn Bay AC	3:19.9		3

T7 - SW, 3000m

League Record Caryl JONES, Carmarthen Harriers, 9.48.3, 2010

Welsh Record Hayley TULLETT, Swansea Harriers, 8.45.39, 2000

Pos	Bib	Athletes	Club	Perf.	Comments	Rank
1	640	Laurie GRIFFITH	Colwyn Bay AC	13:38.9		1

F22 - SW, Discus (1.00kg)

League Record Fay CALVERT, Deeside AAC, 36.70, 2010

Welsh Record Vanessa HEAD, Cardiff AAC, 64.68, 1983

Pos	Bib	Athletes	Club	Perf.	Comments	Rank
1	581	Julie DRISCOLL	Brecon AC	19.92	pb	1
2	640	Laurie GRIFFITH	Colwyn Bay AC	12.37	pb	2

F10 - SW, Hammer (4.00kg)

League Record Carys PARRY, Rhondda AC, 56.96, 2005

Welsh Record Carys PARRY, Rhondda AC, 66.31, 2008

Pos	Bib	Athletes	Club	Perf.	Comments	Rank
1	581	Julie DRISCOLL	Brecon AC	27.91	* pb	1

T19 - SM, 200m**League Record** Andrew WATKINS, Cwmbran Harriers, 21.7, 2006**Welsh Record** Christian MALCOLM, Cardiff AAC, 20.08, 2001

Pos	Bib	Athletes	Club	Perf.	Comments	Rank
1	700	Jonathan WILLIAMS	Llanelli AC	22.9	*	1
2	536	Craig SPROD	Aberdare VAAC	25.3		2
3	535	Alex NAMAANI	Aberdare VAAC	26.6		3
4	651	Neil JONES	Colwyn Bay AC	28.2		4
5	534	Stephen HUGHES	Aberdare VAAC	29.7		5
6	653	Konrad ROBERTS	Colwyn Bay AC	29.9		6

T18 - SM, 800m**League Record** Roger BARRETT, Carmarthen Harriers, 1.50.0, 1984**Welsh Record** Neil HORSEFIELD, Newport Harriers, 1.45.44, 1990

Pos	Bib	Athletes	Club	Perf.	Comments	Rank
1	700	Jonathan WILLIAMS	Llanelli AC	2:00.1	* pb	1
2	532	David WILLIAMS	Aberdare VAAC	2:03.7		2
3	533	Daniel BODMAN	Aberdare VAAC	2:09.6		3
4	600	Phillip KENDRICK	Brecon AC	2:17.8		4
5	701	Jac GRIFFITHS	Llanelli AC	2:24.9	pb	5
6	620	Evatt CUMMINGS	Bridgend AC	2:26.3		6
7	651	Neil JONES	Colwyn Bay AC	2:28.7		7
8	534	Stephen HUGHES	Aberdare VAAC	2:36.6		8
9	653	Konrad ROBERTS	Colwyn Bay AC	2:40.7		9

T3 - SM, 3000m**League Record** Steve HENSHAW, Cardiff AAC, 8.39.2, 1983**Welsh Record** Ian HAMER, Edinburgh, 7.46.40, 1990

Pos	Bib	Athletes	Club	Perf.	Comments	Rank
1	726	Chris WILLIAMS	Neath Harriers	9:22.8	*	1
2	600	Phillip KENDRICK	Brecon AC	9:44.6	*	2
3	731	Roy WHITEHOUSE	Neath Harriers	10:06.2		3
4	727	Alan REES	Neath Harriers	10:39.2		4
5	653	Konrad ROBERTS	Colwyn Bay AC	11:01.4		5
6	534	Stephen HUGHES	Aberdare VAAC	11:19.0		6
7	620	Evatt CUMMINGS	Bridgend AC	11:19.7		7
8	651	Neil JONES	Colwyn Bay AC	11:45.7		8
9	715	Mike HALSALL	Llanelli AC	12:06.6		9

T22 - SM, 1500m Steeplechase**League Record** No record set**Welsh Record**

Pos	Bib	Athletes	Club	Perf.	Comments	Rank
1	533	Daniel BODMAN	Aberdare VAAC	4:41.7	G2*	1
2	651	Neil JONES	Colwyn Bay AC	5:54.7	*	2
3	653	Konrad ROBERTS	Colwyn Bay AC	6:23.9	*	3

T1 - SM, 400m Hurdles (91.4cm)**League Record** Chris CASHELL, Carmarthen Harriers, 52.59, 1991**Welsh Record** David GREENE, Swansea Harriers, 48.56, 2009

Pos	Bib	Athletes	Club	Perf.
97		No Athletes Declared		

T31 - SM, 4 x 200 Relay**League Record** No record set**Welsh Record**

Pos	Bib	Athletes	Club	Perf.	Rank
1	534	Aberdare VAAC		1:48.6	1
2	651	Colwyn Bay AC		2:08.1	2

T37 - SM/U20M/U17M, 1600m Medley Relay (800m,400m,200m,200m)

League Record No record set

Welsh Record

Pos	Bib	Athletes	Club	Perf.	
1	534	Aberdare VAAC		4:08.2	1
2	708	Llanelli AC		4:10.1	2

F4 - SM, Pole Vault

League Record Alessandro CAMBON, , 4.75, 2001

Welsh Record Neil WINTER, Shaftesbury, 5.60, 1995

Pos	Bib	Athletes	Club	Perf.	
1	594	Derek OSBORNE	Brecon AC	2.60	pb 1

F7 - SM, Triple Jump

League Record Charles MADERIA-COLE, Carmarthen Harriers, 14.74, 1997

Welsh Record Steven SHALDERS, Cardiff AAC, 16.71, 2005

Pos	Bib	Athletes	Club	Perf.	
1	717	Adam GOWER	Llanelli AC	11.84	1
2	533	Daniel BODMAN	Aberdare VAAC	9.94	pb 2
3	594	Derek OSBORNE	Brecon AC	9.63	pb 3
4	701	Jac GRIFFITHS	Llanelli AC	8.87	pb 4
5	665	Ewart HULSE	Colwyn Bay AC	7.60	pb 5

F13 - SM, Discus (2.0kg)

League Record David COLEMAN, Cardiff AAC, 45.50, 2009

Welsh Record Brett MORSE, Birchfield Harriers, 62.99, 2010

Pos	Bib	Athletes	Club	Perf.	
1	665	Ewart HULSE	Colwyn Bay AC	34.61	* pb 1
2	594	Derek OSBORNE	Brecon AC	24.01	pb 2
3	657	Crispin BACKSHALL	Colwyn Bay AC	16.01	pb 3
4	563	Jason ELWORTHY	Barry & Vale Harriers	12.98	pb 4

Sen Lge 2011 M4 DIVISION 2, Match POINTS TOTALS

DIVISION 2 LEAGUE TABLE											
POS	CLUB	M1		M2		M3		M4		TOTAL	
1	Colwyn Bay AC	437	9	585	10	563	10	575	10	2160	39
2	Barry & Vale Harriers	202	6	234	8	329	9	314	9	1079	32
3	Brecon AC	486	10	36	5	322	8	305	8	1149	31
4	Aberdare VAAC	190	4	274	9	194	6	262	7	920	26
5	Llanelli AC	294	8			302	7	212		808	15
6	Bridgend AC	222	7	72	6	128	4	164	5	586	22
7	Cwmbran Harriers	199	5			179	5	141		519	10
8	Neath Harriers	117	3	102	7	124	3	64	3	407	16
9	Blaenau Gwent AC	32	2			16	2	4		52	4