

## Welsh Schools' AA

Aviva Welsh Schools National Schools' Track & Field Championships, held at Brecon on Saturday, July 2<sup>nd</sup>, 2011

**Provisional results - FOR PUBLICATION – Weather: overcast, little wind, warm**

### Senior Boys – u20 – Years 12 to 14

Event	No	Name	School	District	Perf	New CBP	Points
<b>100:</b>		<b>Peter Maitland</b>	<b>cbp - 10.5</b>	<b>1992</b>			
		<b>ws 0.2</b>					
1	23	Michael Prentice	Howell's	Cardiff & the Vale	10.95		8
2	34	Paul Bennett	Penglais	Dyfed	11.13		7
3	82	Lemarl Freckleton	Bassaleg	South East Wales	11.24		6
4	33	Kyle Ward	Lampeter	Dyfed	11.69		X
5	35	Jack Button	Sir Thomas Picton	Dyfed	12.23		X
6	70	Josh Morris	Coleg Powys	Powys	12.52		5
<b>200:</b>		<b>Stephen Rees</b>	<b>cbp - 21.9</b>	<b>1989</b>			
		<b>ws 0.1</b>					
1	23	Michael Prentice	Howell's	Cardiff & the Vale	21.85	CBP	8
2	97	Jamaul Whyte	St Teilo's	Cardiff & the Vale	22.14		X
3	82	Lemarl Freckleton	Bassaleg	South East Wales	22.56		7
4	36	Matthew Richards	Pembrokeshire College	Dyfed	23.03		6
5	33	Kyle Ward	Lampeter	Dyfed	24.00		X
<b>400:</b>		<b>Mark Ponting</b>	<b>cbp - 48.82</b>	<b>1995</b>			
1	36	Matthew Richards	Pembrokeshire College	Dyfed	50.79		8
2	129	Matthew Weekes	Neath Port Talbot College	Afan Nedd Tawe	51.23		7
3	97	Jamaul Whyte	St Teilo's	Cardiff & the Vale	52.20		6
4	824	Ashley Jones	Bassaleg	South East Wales	53.34		5
5	233	Michael Johnson	St. David's College	Cardiff & the Vale	54.40		X
6	344	Paris Theo Desiou	Llandovery College	Dyfed	56.25		X
<b>800:</b>		<b>Joe Thomas</b>	<b>cbp - 1:53.95</b>	<b>2006</b>			
1	825	David Banwell Clode	Fairwater	South East Wales	1:56.98		8
2	561	Alex Edwards	Lewis School	Glamorgan Valleys	1:58.94		7
3	131	Matthew O'Leary	St Joseph's Port Talbot	Afan Nedd Tawe	1:59.30		6
4	630	James Roberts	Maelor Penley	North East Wales	2:01.44		5
5	530	Naaman Morris	Lewis School	Glamorgan Valleys	2:01.76		X
6	234	Dominic Farr	Bro Morgannwg.	Cardiff & the Vale	2:02.95		4
7	345	Luke Clement	Tregib	Dyfed	2:03.04		3
8	706	Adam Jones	Brecon	Powys	2:04.75		2
9	235	Alex Simon	Llantwit Major	Cardiff & the Vale	2:05.92		X
<b>1500:</b>		<b>Matthew Jones</b>	<b>cbp - 3:54.50</b>	<b>2000</b>			
1	631	Jamie Wright	Mold Alun	North East Wales	4:11.09		8
2	346	Matthew Richards	Sir Thomas Picton	Dyfed	4:12.37		7
3	131	Matthew O'Leary	St Joseph's Port Talbot	Afan Nedd Tawe	4:12.58		6
4	133	Sean White	Bishop Vaughan	Afan Nedd Tawe	4:14.04		X
5	411	William Sheridan	Coleg Meirion Dwyfor	Eryri	4:15.56		5
6	236	Abdi Saleban	St Davids C'diff	Cardiff & the Vale	4:19.64		4
7	132	Paul Tobin	Olchfa	Afan Nedd Tawe	4:19.79		X
8	827	Jacob Zennadi	Fairwater	South East Wales	4:41.42		3
<b>3000:</b>		<b>Andres Jones</b>	<b>cbp - 8:34.37</b>	<b>1996</b>			
1	348	Josh Griffiths	Amman Valley	Dyfed	8:58.19		8
2	238	Owen Haswell.	Stanwell	Cardiff & the Vale	9:29.86		7
3	829	David Challenger	Croesyceiliog	South East Wales	9:57.36		6
4	828	Tyrone Fowler	St Joseph's Npt	South East Wales	10:41.05		X
<b>2000 Sc:</b>		<b>Marcus Thomas</b>	<b>cbp - 5:59.0</b>	<b>1981</b>			
1	830	Emrys Penny	Gwynllyw	South East Wales	6:26.06		8
2	134	Matthew Thomas	Gower College	Afan Nedd Tawe	6:51.57		7
3	247	Rhydian Mephan	Bro Morgannwg	Cardiff & the Vale	9:18.80		6
<b>110H:</b>		<b>David Guest</b>	<b>cbp - 14.13</b>	<b>2010</b>			
		<b>ws 2.0</b>					
1	37	Glen Elsdon	Dyffryn Taf	Dyfed	15.08		8
2	102	Josh Sansom	Gower College	Afan Nedd Tawe	15.61		7
3	96	Joe Bishop	Bishop of Llandaff	Cardiff & the Vale	17.96		6
4	103	Shane Jones	Neath Port Talbot College	Afan Nedd Tawe	18.05		X
<b>400H:</b>		<b>Mark Rowlands</b>	<b>cbp - 53.0</b>	<b>1996</b>			
1	37	Glen Elsdon	Dyffryn Taf	Dyfed	56.71		8
2	102	Josh Sansom	Gower College	Afan Nedd Tawe	56.90		7
3	241	Tom Phillips	Stanwell	Cardiff & the Vale	59.19		6
4	240	Jacob Brennan	Llanishen	Cardiff & the Vale	59.39		X
<b>2Km Walk</b>		<b>Cameron Smith</b>	<b>cbp - 8:22.8</b>	<b>2001</b>			
		No competitors					
<b>4x100:</b>		<b>Gwent</b>	<b>cbp - 42.5</b>	<b>1991</b>			
1	201	Cardiff & the Vale			44.63		8
2	301	Dyfed			44.80		7
3	901	Cardiff & the Vale B			49.23		X
4	101	Afan Nedd Tawe			50.29		6
<b>HJ:</b>		<b>Chuka Enih Snell</b>	<b>cbp - 2.10</b>	<b>2001</b>			
1	532	Stephen Guest	Bryntirion	Glamorgan Valleys	1.90		8
2	350	Adam Davies	Pembroke	Dyfed	1.90		7
3	97	Jamaul Whyte	St Teilo's	Cardiff & the Vale	1.80		6
4	136	Ben Jenkins	Olchfa	Afan Nedd Tawe	1.80		5
5	82	Lemarl Freckleton	Bassaleg	South East Wales	1.75		4

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<b>PV:</b>		<b>David Guest</b>	<b>cbp - 4.65</b>	<b>2009</b>		
1	533	Rob McGregor	Bryntirion	Glamorgan Valleys	4.05	<b>8</b>
2	352	Emyr Jones	Tregib	Dyfed	3.75	<b>7</b>
3	247	Rhydian Mephan	Bro Morgannwg	Cardiff & the Vale	2.40	<b>6</b>
<b>LJ:</b>		<b>John Elias</b>	<b>cbp - 7.34</b>	<b>1967</b>		
1	137	Keiron Martin	Gower College	Afan Nedd Tawe	5.81/-0.6	<b>8</b>
2	413	Mathew Mullender	Dyffryn Conwy	Eryri	5.79/-1.3	<b>7</b>
3	351	Lawrence Hancock	Sir Thomas Picton	Dyfed	5.69/-0.5	<b>6</b>
4	535	Scott Burrows	Hawthorn	Glamorgan Valleys	5.39/-0.5	<b>5</b>
5	248	Ruaridh Lewis	Bishop of Llandaff	Cardiff & the Vale	5.21/-0.9	<b>4</b>
<b>TJ:</b>		<b>David Wood</b>	<b>cbp - 14.90</b>	<b>1979</b>		<b>No wind speeds taken</b>
1	137	Keiron Martin	Gower College	Afan Nedd Tawe	11.67	<b>8</b>
2	250	Aled Lewis	Glantaf	Cardiff & the Vale	11.50	<b>7</b>
3	535	Scott Burrows	Hawthorn	Glamorgan Valleys	11.44	<b>6</b>
4	351	Lawrence Hancock	Sir Thomas Picton	Dyfed	11.29	<b>5</b>
5	413	Mathew Mullender	Dyffryn Conwy	Eryri	10.60	<b>4</b>
<b>SP:</b>		<b>Matthew Evans</b>	<b>cbp - 15.75</b>	<b>2006</b>		
1	355	John Stowell	Sir Thomas Picton	Dyfed	10.87	<b>8</b>
2	255	Tom Perry	Bro Morgannwg	Cardiff & the Vale	9.53	<b>7</b>
<b>DT:</b>		<b>Brett Morse</b>	<b>cbp - 56.52</b>	<b>2007</b>		
1	256	Ryan Leonard	St David's College	Cardiff & the Vale	44.44	<b>8</b>
2	253	David Motley	Cardiff High	Cardiff & the Vale	39.25	<b>X</b>
3	254	Bradley Cole	Barry College	Cardiff & the Vale	37.44	<b>X</b>
4	255	Tom Perry	Bro Morgannwg	Cardiff & the Vale	30.49	<b>X</b>
5	355	John Stowell	Sir Thomas Picton	Dyfed	28.41	<b>7</b>
<b>HT:</b>		<b>Ritchie Wells</b>	<b>cbp - 56.43</b>	<b>2008</b>		
1	254	Bradley Cole	Barry College	Cardiff & the Vale	52.19	<b>8</b>
2	355	John Stowell	Sir Thomas Picton	Dyfed	38.20	<b>7</b>
3	831	Lewis Jones	Gwynllyw	South East Wales	35.90	<b>6</b>
4	139	Matthew Riley	Gower College	Afan Nedd Tawe	34.13	<b>5</b>
5	253	David Motley	Cardiff High	Cardiff & the Vale	24.59	<b>X</b>
6	255	Tom Perry	Bro Morgannwg	Cardiff & the Vale	22.72	<b>X</b>
<b>JT:</b>		<b>Jonathan Clarke</b>	<b>cbp - 67.34</b>	<b>1986</b>		
1	353	Jon Llewelyn	Tregib	Dyfed	56.29	<b>8</b>
2	256	Ryan Leonard	St David's College	Cardiff & the Vale	55.89	<b>7</b>
3	254	Bradley Cole	Barry College	Cardiff & the Vale	53.87	<b>X</b>
4	257	Rhodri Jones-Pritchard	Bishop of Llandaff	Cardiff & the Vale	46.51	<b>X</b>
5	140	Niki Davies	Neath Port Talbot College	Afan Nedd Tawe	43.51	<b>6</b>

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### Middle Boys – u17 – Years 10 & 11

Event	No	Name	School	District	Perf	New CBP	Points
<b>100:</b>		<b>Andrew Watkins</b>	<b>cbp - 10.90</b>	<b>2004</b>			
<b>Ht 1</b>		<b>ws 1.3</b>					
1	27	Tom Williams	Stanwell	Cardiff & the Vale	11.13	Q	
2	86	Ryan Lee	Monmouth	South East Wales	11.44	q	
3	46	Josh Jones	Eirias	Eryri	11.48	q	
4	57	Lewis Dunlop	Bryntirion	Glamorgan Valleys	11.78	q	<b>3</b>
<b>Ht 2</b>		<b>ws 1.2</b>					
1	201	Anax da Silva	Cathays	Cardiff & the Vale	11.23	Q	
2	301	Mathew Davies	Tregib	Dyfed	11.29	q	
3	26	Arran Reid	Barry Boys	Cardiff & the Vale	11.53	q	
4	75	Adam Green	Maesydderwen	Powys	11.78	q	
5	13	Osian Griffiths	Gwyr	Afan Nedd Tawe	12.00		<b>2</b>
6	65	Cian Jones	St Joseph's Wrexham	North East Wales	12.01		<b>1</b>
<b>Fin:</b>		<b>ws -0.5</b>					
1	27	Tom Williams	Stanwell	Cardiff & the Vale	11.19		<b>8</b>
2	201	Anax da Silva	Cathays	Cardiff & the Vale	11.19		<b>X</b>
3	301	Mathew Davies	Tregib	Dyfed	11.44		<b>7</b>
4	26	Arran Reid	Barry Boys	Cardiff & the Vale	11.54		<b>X</b>
5	46	Josh Jones	Eirias	Eryri	11.55		<b>6</b>
6	86	Ryan Lee	Monmouth	South East Wales	11.58		<b>5</b>
7	75	Adam Green	Maesydderwen	Powys	12.16		<b>4</b>
<b>200:</b>		<b>Andrew Watkins</b>	<b>Cbp – 21.73</b>	<b>2004</b>			
<b>Ht 1</b>		<b>ws 0.6</b>					
1	68	Owen Smith	Maes Garmon	North East Wales	22.65	Q	
2	86	Ryan Lee	Monmouth	South East Wales	23.13	q	
3	301	Mathew Davies	Tregib	Dyfed	23.25	q	
4	75	Adam Green	Maesydderwen	Powys	23.49	q	
5	58	Liam Hughes	Rhydywaun	Glamorgan Valleys	28.71		
<b>Ht 2</b>		<b>ws -0.4</b>					
1	27	Tom Williams	Stanwell	Cardiff & the Vale	23.02	Q	
2	558	Jonathan Hobbs	St Martin's	Glamorgan Valleys	24.02	q	
3	49	Sam Turner	Bodedern	Eryri	24.40	q	
4	14	Joshua James	Dwr Y Felin	Afan Nedd Tawe	24.79	q	<b>1</b>
<b>Fin:</b>		<b>ws 1.4</b>					
1	27	Tom Williams	Stanwell	Cardiff & the Vale	22.11		<b>8</b>
2	68	Owen Smith	Maes Garmon	North East Wales	22.30		<b>7</b>
3	301	Mathew Davies	Tregib	Dyfed	22.69		<b>6</b>
4	86	Ryan Lee	Monmouth	South East Wales	22.77		<b>5</b>
5	75	Adam Green	Maesydderwen	Powys	23.68		<b>4</b>
6	558	Jonathan Hobbs	St Martin's	Glamorgan Valleys	24.05		<b>3</b>
7	49	Sam Turner	Bodedern	Eryri	24.56		<b>2</b>
dns	14	Joshua James	Dwr y Felin				
<b>400:</b>		<b>Bruce Tasker</b>	<b>cbp - 48.82</b>	<b>2004</b>			
1	68	Owen Smith	Maes Garmon	North East Wales	49.78		<b>8</b>
2	258	Matthew Collins	Barry	Cardiff & the Vale	50.37		<b>7</b>
3	537	Matthew Antoniazzi	Lewis School	Glamorgan Valleys	51.25		<b>6</b>
4	356	Llyr Jamieson	Dyffryn Teifi	Dyfed	51.59		<b>5</b>
5	832	Curtis Goodger	Fairwater	South East Wales	52.28		<b>4</b>
6	141	Alex Pavlou	Olchfa	Afan Nedd Tawe	52.59		<b>3</b>
7	720	Sam Prince	Welshpool	Powys	54.28		<b>2</b>
dnf	558	Jonathan Hobbs	St Martin's	Glamorgan Valleys			
<b>800:</b>		<b>Jason Murphy</b>	<b>cbp - 1:56.5</b>	<b>1990</b>			
1	430	Tom Earley	Eirias	Eryri	1:58.10		<b>8</b>
2	357	Rhys Granville	Strade	Dyfed	1:58.29		<b>7</b>
3	429	Tom Harding	Rydal	Eryri	2:02.69		<b>X</b>
4	639	Matthew Purnell	Holywell	North East Wales	2:04.30		<b>6</b>
5	833	Owen Davies	Oakdale	South East Wales	2:05.59		<b>5</b>
6	258	Matthew Collins	Barry	Cardiff & the Vale	2:09.87		<b>4</b>
7	142	Oliver Thompson	Dwr Y Felin	Afan Nedd Tawe	2:10.90		<b>3</b>
8	538	Regan May	Cwm Rhymni	Glamorgan Valleys	2:13.55		<b>2</b>
<b>1500:</b>		<b>Colin Clarkson</b>	<b>cbp - 4:03.6</b>	<b>1977</b>			
1	358	Kyran Roberts	Queen Elizabeth	Dyfed	4:04.23		<b>8</b>
2	260	Michael Ward	Llanishen	Cardiff & the Vale	4:05.47		<b>7</b>
3	143	Jonathan Tobin	Bishopston	Afan Nedd Tawe	4:06.86		<b>6</b>
4	430	Tom Earley	Eirias	Eryri	4:10.40		<b>5</b>
5	539	James Hunt	Brynteg	Glamorgan Valleys	4:22.67		<b>4</b>
6	834	Ben Jones	Cwmcarn	South East Wales	4:24.65		<b>3</b>
7	640	Matthew Blackwell	Mold Alun	North East Wales	4:27.11		<b>2</b>
8	431	Zak Vapaesta	Emrys ap Iwan	Eryri	4:38.30		<b>X</b>
9	721	Will Adams	Builth Wells	Powys	5:12.51		<b>1</b>
<b>3000:</b>		<b>Colin Jones</b>	<b>cbp - 8:48.7</b>	<b>1990</b>			
1	359	Lloyd Heckler	Queen Elizabeth	Dyfed	9:11.69		<b>8</b>
2	662	Nathan Jones	Blessed Edward Jones	North East Wales	9:16.89		<b>7</b>
3	261	Samuel Longville	Radyr	Cardiff & the Vale	9:35.67		<b>6</b>

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4	144	Connor Davies	Gwyr	Afan Nedd Tawe	9:42.94		5
5	432	Jake Griffith	Bryn Elian	Eryri	10:18.52		4
<b>1500 Sc:</b>		<b>Marcus Thomas</b>	<b>cbp - 4:21.8</b>	<b>1979</b>			
1	264	Matthew Edwards	Barry	Cardiff & the Vale	4:37.48		8
2	833	Owen Davies	Oakdale	South East Wales	4:41.90		7
3	641	Ryan Ffoulkes	Darland	North East Wales	4:45.75		6
4	835	Evan Wynne	Gwynllyw	South East Wales	4:49.86		X
5	361	Ronan Llyr	Bro Myrddin	Dyfed	4:56.28		5
6	362	Laurie Haworth	Sir Thomas Picton	Dyfed	5:00.09		X
7	146	Finley Davies	Bishopston	Afan Nedd Tawe	5:33.40		4
8	147	Daniel Hall	Bishopston	Afan Nedd Tawe	6:01.69		X
<b>100H:</b>		<b>David Guest</b>	<b>cbp – 13.19</b>	<b>2007</b>			
		<b>ws 2.4</b>					
1	302	Daniel Blain	Dyffryn Taf	Dyfed	13.37		8
2	303	David Omoregie	Sir Thomas Picton	Dyfed	13.58		X
3	87	Tyrone Blake	West Mon	South East Wales	13.83		7
4	94	Adrian Lawrence	St Teilo's	Cardiff & the Vale	14.41		6
5	59	Jack Johnson	Cwm Rhymni	Glamorgan Valleys	14.65		5
6	48	Tom Jones	Aberconwy	Eryri	15.65		4
7	15	Jack Straw	Bishopston	Afan Nedd Tawe	16.59		3
<b>400H:</b>		<b>Mark Rowlands</b>	<b>cbp - 54.42</b>	<b>1994</b>			
1	360	Aaron Willmott	Emlyn	Dyfed	58.54		8
2	263	Ryan Cooper	Llanishen	Cardiff & the Vale	59.18		7
3	262	Tom Bevan	Cardiff High	Cardiff & the Vale	60.29		X
4	145	Nathan Phillips	Olchfa	Afan Nedd Tawe	64.90		6
5	722	Ben Watkins	Builth Wells	Powys	65.31		5
6	541	Morgan Evans	Ferndale	Glamorgan Valleys	66.35		4
<b>2Km Walk</b>		<b>Antonio Cirillo</b>	<b>cbp - 9:07.85</b>	<b>2007</b>			
1	907	Jacob Preece	St Teilos	Cardiff & the Vale	12:45.80		8
2	724	James Leuschki	Christ College	Powys	12:56.97		7
<b>4x100:</b>		<b>Dyfed</b>	<b>cbp - 44.2</b>	<b>1989</b>			
1	201	Cardiff & the Vale			44.57		8
2	601	North East Wales			45.32		7
3	801	South East Wales			45.37		6
4	301	Dyfed			45.44		5
5	701	Powys			47.19		4
6	401	Eryri			47.26		3
<b>HJ:</b>		<b>Chuka Enih Snell</b>	<b>cbp - 2.06</b>	<b>2000</b>			
1	265	Jonathon Bailey	St. Teilo's	Cardiff & the Vale	1.88		8
2	435	Huw Owen	Brynrefail	Eryri	1.80		7
3	87	Tyrone Blake	West Mon	South East Wales	1.80		6
4	364	Aled Price	Maes yr Yrfa	Dyfed	1.75		5
5	543	Dominic Duance	Hawthorn	Glamorgan Valleys	1.70		4
6	642	Luke Ward	Hawarden	North East Wales	1.70		3
7	13	Osian Griffiths	Gwyr	Afan Nedd Tawe	1.65		2
<b>PV:</b>		<b>Neil Winter</b>	<b>cbp - 4.80</b>	<b>1990</b>			
1	268	David Callan	Whitchurch	Cardiff & the Vale	3.75		8
2	838	Stephen Scarfi	Llantarnam	South East Wales	3.75		7
3	148	Lewis Preece	Gowerton	Afan Nedd Tawe	3.55		6
4	643	Evan Cooke	St David's	North East Wales	2.60		5
<b>LJ:</b>		<b>Andrew Wooding</b>	<b>cbp - 6.69</b>	<b>1995</b>			
1	644	Lloyd Robbins	Hawarden	North East Wales	6.22/0.2		8
2	839	Kimani Smith	Caerleon	South East Wales	6.18/-0.5		7
3	269	James McGuire	Whitchurch	Cardiff & the Vale	6.09/-1.4		6
4	303	David Omoregie	Sir Thomas Picton	Dyfed	6.07/-0.9		5
5	436	Alex Griffiths	Dyffryn Ogwen	Eryri	5.67/-2.1		4
6	725	Tom Childs	Builth Wells	Powys	5.23/0.8		3
7	544	Macauley Birkinshaw	Hawthorn	Glamorgan Valleys	5.04/0.6		2
8	149	Kieran Harris	Cefn Saeson	Afan Nedd Tawe	4.90/0.2		1
<b>TJ:</b>		<b>Steven Shalders</b>	<b>cbp - 15.06</b>	<b>1998</b>			
1	644	Lloyd Robbins	Hawarden	North East Wales	12.77	No wind speeds taken	8
2	270	Ellis-Wyn Benham	Glantaf	Cardiff & the Vale	12.62		7
3	435	Huw Owen	Brynrefail	Eryri	12.34		6
4	840	Taylor Dimmick	Cwmcarn	South East Wales	11.61		5
5	360	Aaron Willmott	Emlyn	Dyfed	11.51		4
6	726	Henry Niblett	Christ College	Powys	11.17		3
7	545	Toby Ratcliffe	Mountain Ash	Glamorgan Valleys	11.11		2
8	15	Jack Straw	Bishopston	Afan Nedd Tawe	10.69		1
<b>SP:</b>		<b>Mark Hewer</b>	<b>cbp - 16.63</b>	<b>1980</b>			
1	546	Matthew Field	Hawthorn	Glamorgan Valleys	15.64		8
2	365	Kallum Evans	Tregib	Dyfed	12.49		7
3	292	Elliot Sebastyan-Regan	Cardiff High	Cardiff & the Vale	11.98		6
4	841	Aston Morgan	Pontllanfraith	South East Wales	10.90		5
5	727	Will Bright	Christ College	Powys	7.61		4
<b>DT:</b>		<b>Gareth Bull</b>	<b>cbp - 48.86</b>	<b>2001</b>			
1	546	Matthew Field	Hawthorn	Glamorgan Valleys	51.12	CBP	8

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2	366	Lee Taylor	Llandovery College	Dyfed	43.37	<b>7</b>
3	648	Matthew Reece	Glan Clwyd	North East Wales	40.98	<b>6</b>
4	272	Ryan Marlowe	Glantaf	Cardiff & the Vale	31.85	<b>5</b>
5	367	Andrew Barriscale	Maes yr Yrfa	Dyfed	31.13	<b>X</b>
6	438	Tim Cox	Llangefni	Eryri	28.89	<b>4</b>
7	728	Matthew Wright	Llanidloes	Powys	28.76	<b>3</b>
8	151	Robert Rogers	Dwr Y Felin	Afan Nedd Tawe	24.48	<b>2</b>
9	842	Ben Constance	Caerleon	South East Wales	24.33	<b>1</b>
<b>HT:</b>		<b>Neil Williams</b>	<b>cbp - 55.78</b>	<b>1989</b>		
1	648	Matthew Reece	Glan Clwyd	North East Wales	51.36	<b>8</b>
2	547	Jac Palmer	Cwm Rhymni	Glamorgan Valleys	50.76	<b>7</b>
3	151	Robert Rogers	Dwr Y Felin	Afan Nedd Tawe	45.63	<b>6</b>
4	273	Matteo Holmes	Stanwell	Cardiff & the Vale	44.81	<b>5</b>
5	365	Kallum Evans	Tregib	Dyfed	27.04	<b>4</b>
<b>JT:</b>		<b>Linton Baddeley</b>	<b>cbp - 59.12</b>	<b>1989</b>		
1	364	Aled Price	Maes yr Yrfa	Dyfed	49.79	<b>8</b>
2	273	Matteo Holmes	Stanwell	Cardiff & the Vale	46.75	<b>7</b>
3	366	Lee Taylor	Llandovery College	Dyfed	45.49	<b>X</b>
4	548	Bradley Bailey	Ferndale	Glamorgan Valleys	41.08	<b>6</b>
5	152	Micah Pugh	Gwyr	Afan Nedd Tawe	33.62	<b>5</b>
6	843	Andrew Ford Roberts	Brynmawr	South East Wales	32.36	<b>4</b>
	721	Will Adams	Builth	Powys	nt	

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### Junior Boys – U15 – Years 8 & 9

Event	No	Name	School	District	Perf	New CBP	Points
<b>100:</b>		<b>Andrew Watkins ws o.4</b>	<b>cbp - 11.09</b>	<b>2002</b>			
1	306	Shaun Pearce	Glan y Mor	Dyfed	11.30		<b>8</b>
2	28	George Griffiths	Cowbridge	Cardiff & the Vale	11.38		<b>7</b>
3	79	Marcus Martinez	Builth Wells	Powys	11.51		<b>6</b>
4	503	Jarred Evans	Ferndale	Glamorgan Valleys	11.55		<b>5</b>
5	802	Jack Dunn	Cwmcarn	South East Wales	11.98		<b>4</b>
6	18	Rhys Gealy	Gwyr	Afan Nedd Tawe	12.07		<b>3</b>
7	403	Iestyn Thomas	Dyffryn Conwy	Eryri	12.32		<b>2</b>
<b>200:</b>		<b>Andrew Watkins ws 2.1</b>	<b>cbp - 22.13</b>	<b>2002</b>			
1	503	Jarred Evans	Ferndale	Glamorgan Valleys	23.72		<b>8</b>
2	307	Sam Jones	Maes yr Yrfa	Dyfed	23.85		<b>7</b>
3	66	Sion Roberts	Morgan Llwyd	North East Wales	23.92		<b>6</b>
4	802	Jack Dunn	Cwmcarn	South East Wales	24.30		<b>5</b>
5	403	Iestyn Thomas	Dyffryn Conwy	Eryri	24.67		<b>4</b>
6	274	Tom Trotman	Cowbridge	Cardiff & the Vale	24.99		<b>3</b>
7	701	Dominic Williams	Maesydderwen	Powys	25.38		<b>2</b>
8	19	Luke Williams	Dwr Y Felin	Afan Nedd Tawe	25.48		<b>1</b>
<b>400:</b>		<b>David Andrews</b>	<b>cbp - 51.0</b>	<b>1977</b>			
1	549	Harry Davies	Brynteg	Glamorgan Valleys	53.56		<b>8</b>
2	18	Rhys Gealy	Gwyr	Afan Nedd Tawe	54.71		<b>7</b>
3	448	Ryan Pike	John Bright	Eryri	54.87		<b>6</b>
4	844	Tyler Pritchard	Blackwood	South East Wales	55.03		<b>5</b>
5	371	Joe Chiffi	Coedcae	Dyfed	56.53		<b>4</b>
6	275	Jacob John	Willows	Cardiff & the Vale	59.35		<b>3</b>
7	649	Joe Bailey	St Richard Gwyn	North East Wales	59.98		<b>2</b>
8	734	William Johnson	Maesydderwen	Powys	63.50		<b>1</b>
<b>800:</b>		<b>Jamie Fenaroli</b>	<b>cbp - 2:01.52</b>	<b>2003</b>			
1	550	Lewis Jones	Maesteg	Glamorgan Valleys	2:05.67		<b>8</b>
2	845	Issac Henry	Bassaleg	South East Wales	2:06.01		<b>7</b>
3	276	Ben Owen	Llantwit Major	Cardiff & the Vale	2:12.86		<b>6</b>
4	372	Nikita Neary	Dyffryn Taf	Dyfed	2:14.24		<b>5</b>
5	650	Richard Evans	Mold Alun	North East Wales	2:17.99		<b>4</b>
6	449	Iolo Hughes	Syr Thomas Jones	Eryri	2:20.74		<b>3</b>
7	153	Ashley Hopkins	Gwyr	Afan Nedd Tawe	2:24.79		<b>2</b>
<b>1500:</b>		<b>Dewi Griffiths</b>	<b>cbp - 4:14.72</b>	<b>2005</b>			
1	154	Jac Hopkins	Bishopston	Afan Nedd Tawe	4:23.69		<b>8</b>
2	277	John Cove	Cardiff High	Cardiff & the Vale	4:31.34		<b>7</b>
3	450	Andrew Morris-Jones	Llangefni	Eryri	4:34.11		<b>6</b>
4	551	Alex Price	Gartholwg	Glamorgan Valleys	4:43.18		<b>5</b>
5	651	Harry Annull	St Joseph	North East Wales	4:43.68		<b>4</b>
6	373	Christian Lovatt	Amman Valley	Dyfed	4:47.18		<b>3</b>
7	846	Mike Lewis	Gwynllyw	South East Wales	5:04.72		<b>2</b>
8	736	Luke Henderson	Christ College	Powys	5:11.64		<b>1</b>
<b>80H:</b>		<b>Wyn Harries</b>	<b>cbp - 11.4</b>	<b>1978</b>			
		<b>ws 0.3</b>					
1	101	Michael Wilson	Olchfa	Afan Nedd Tawe	12.01		<b>8</b>
2	308	Joe Criddle	Dyffryn Taf	Dyfed	12.75		<b>7</b>
3	803	Kyle Arnold	Caldicot	South East Wales	12.80		<b>6</b>
4	91	Steve Mbanza	St Teilo's	Cardiff & the Vale	12.94		<b>5</b>
5	504	Connor Howell	Cwm Rhymini	Glamorgan Valleys	13.16		<b>4</b>
6	702	Josh Jones	Caereinion	Powys	18.96		<b>3</b>
<b>1Km Walk</b>		<b>Antonio Cirrillo</b>	<b>cbp - 4:20.05</b>	<b>2005</b>			
1	363	Ashley Farmer	Preseli	Dyfed	5:31.99		<b>8</b>
2	915	Kristoff Gibbon	Glantaf	Cardiff & the Vale	5:32.08		<b>7</b>
3	911	Dafydd George	Bro Morgannwg	Cardiff & the Vale	5:53.09		<b>X</b>
4	912	Regan Heatley	Glantaf	Cardiff & the Vale	6:10.42		<b>X</b>
<b>4x100:</b>		<b>Cardiff &amp; the Vale</b>	<b>cbp - 45.42</b>	<b>2003</b>			
1	301	Dyfed			46.22		<b>8</b>
2	501	Glamorgan Valleys			47.17		<b>7</b>
3	101	Afan Nedd Tawe			47.86		<b>6</b>
4	401	Eryri			48.29		<b>5</b>
5	801	South East Wales			48.53		<b>4</b>
6	201	Cardiff & the Vale			49.51		<b>3</b>
7	701	Powys			51.44		<b>2</b>
<b>HJ:</b>		<b>Chuka Enih Snell</b>	<b>cbp - 1.91</b>	<b>1998</b>			
1	274	Tom Trotman	Cowbridge	Cardiff & the Vale	1.71		<b>8</b>
2	452	Llyr Edwards	Tryfan	Eryri	1.71		<b>7</b>
3=	375	Jack Evans	Llandoverly College	Dyfed	1.60		<b>5.5</b>
3=	155	Miles Keller-Jenkins	Ffynone	Afan Nedd Tawe	1.60		<b>5.5</b>
5	552	Conor Spiller	Cwm Rhymini	Glamorgan Valleys	1.55		<b>4</b>
<b>PV:</b>		<b>Steven Francis</b>	<b>cbp - 3.40</b>	<b>1993</b>			
1	156	Josh Hollisey-Mclean	Gwyr	Afan Nedd Tawe	2.55		<b>8</b>

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2	158	Kieran Ingram	Bishop Gore	Afan Nedd Tawe	2.35	<b>X</b>
3	157	Gareth Goss	Gwyr	Afan Nedd Tawe	2.35	<b>X</b>
4	279	Rhys Jones	Whitchurch	Cardiff & the Vale	1.80	<b>7</b>
<b>LJ:</b>		<b>Ian Strange &amp; John Furnham</b>	<b>cbp - 6.19</b>	<b>1977</b>		
1	28	George Griffiths	Cowbridge	Cardiff & the Vale	6.00/-0.1	<b>8</b>
2	374	Josh Davies	Dewi Sant	Dyfed	5.91/0.7	<b>7</b>
3	101	Michael Wilson	Olchfa	Afan Nedd Tawe	5.18/1.0	<b>6</b>
4	553	Lewis Phillips	Lewis School	Glamorgan Valleys	5.17/0.5	<b>5</b>
5	803	Kyle Arnold	Caldicot	South East Wales	5.14/0.9	<b>4</b>
6	453	Daniel Ashe	John Bright	Eryri	4.95/0.2	<b>3</b>
7	654	Scott Campbell	Connah's Quay	North East Wales	4.94/1.0	<b>2</b>
8	738	Morgan Skyrme	Gwernyfed	Powys	4.48/-0.1	<b>1</b>
<b>TJ:</b>		<b>Darren Yeo</b>	<b>cbp - 13.05</b>	<b>1989</b>		
1	849	Lloyd Lewis	Gwynllyw	South East Wales	11.62/-1.4	<b>8</b>
2	280	Ebenezer Marango	Cardiff High	Cardiff & the Vale	11.31/0.5	<b>7</b>
3	554	Ioan Chidgey	Cwm Rhymini	Glamorgan Valleys	11.20/0.2	<b>6</b>
4	374	Josh Davies	Dewi Sant	Dyfed	11.18/0.3	<b>5</b>
5	454	Liam Jones	Glan y Mor	Eryri	11.07/-1.1	<b>4</b>
6	654	Scott Campbell	Connah's Quay	North East Wales	10.78/0.5	<b>3</b>
7	160	Joe Browett	Olchfa	Afan Nedd Tawe	9.72/-0.8	<b>2</b>
<b>SP:</b>		<b>Kevin Jones</b>	<b>cbp - 15.57</b>	<b>1970</b>		
1	656	Matthew Williams	Maelor Penley	North East Wales	13.41	<b>8</b>
2	281	Joe Gaughan	Cowbridge	Cardiff & the Vale	12.48	<b>7</b>
3	377	Jake Evans	Tasker Milward	Dyfed	12.09	<b>6</b>
4	740	Will Morris	Welshpool	Powys	11.76	<b>5</b>
5	161	Jack Beynon	Bishop Vaughan	Afan Nedd Tawe	11.11	<b>4</b>
6	455	Nathan Thomason	John Bright	Eryri	10.90	<b>3</b>
7	850	Ieuan Jones	Ebbw Vale	South East Wales	10.82	<b>2</b>
8	555	Cole Lewis	Cynffig	Glamorgan Valleys	10.68	<b>1</b>
<b>DT:</b>		<b>Liam Walsh</b>	<b>cbp - 44.06</b>	<b>1996</b>		
1	656	Matthew Williams	Maelor Penley	North East Wales	38.52	<b>8</b>
2	455	Nathan Thomason	John Bright	Eryri	34.43	<b>7</b>
3	378	Alvils Osians	Sir Thomas Picton	Dyfed	34.37	<b>6</b>
4	161	Jack Beynon	Bishop Vaughan	Afan Nedd Tawe	33.06	<b>5</b>
5	556	Kyle Williams	Cwm Rhymini	Glamorgan Valleys	29.38	<b>4</b>
6	282	Harri Dowell-Bennett	Cowbridge	Cardiff & the Vale	28.12	<b>3</b>
7	851	Luke Rees	Brynmawr	South East Wales	26.00	<b>2</b>
8	741	Will Nixon	Builth Wells	Powys	21.09	<b>1</b>
<b>HT:</b>		<b>Rhys Hodnett</b>	<b>cbp - 55.26</b>	<b>2006</b>		
1	456	Shaun Livett	David Hughes	Eryri	37.22	<b>8</b>
2	742	Rhodri Edwards	Christ College	Powys	30.70	<b>7</b>
3	556	Kyle Williams	Cwm Rhymini	Glamorgan Valleys	29.62	<b>6</b>
4	294	Arman Azaden	Cardiff High	Cardiff & the Vale	29.08	<b>5</b>
5	293	Hugo Billington	Llantwit Major	Cardiff & the Vale	29.01	<b>X</b>
6	296	Matthew Pritchard	Cardiff High	Cardiff & the Vale	25.27	<b>X</b>
7	851	Luke Rees	Brynmawr	South East Wales	24.67	<b>4</b>
8	282	Harri Dowell-Bennett	Cowbridge	Cardiff & the Vale	24.45	<b>X</b>
9	297	Waqar Ahmed	Cardiff High	Cardiff & the Vale	24.36	<b>X</b>
10	298	Sam Brinkworth	Whitchurch	Cardiff & the Vale	23.13	<b>X</b>
11	381	Owen Strawbridge	Brogwaun	Dyfed	22.32	<b>3</b>
12	377	Jake Evans	Tasker Milward	Dyfed	20.03	<b>X</b>
13	852	Rhys Jones	Cwmcarn	South East Wales	13.68	<b>X</b>
<b>JT:</b>		<b>Garth Loughran</b>	<b>cbp - 55.44</b>	<b>2003</b>		
1	283	Richard Dangerfield	Llantwit Major	Cardiff & the Vale	40.74	<b>8</b>
2	163	Drew McLean	Dwr Y Felin	Afan Nedd Tawe	39.23	<b>7</b>
3	379	Sam Bleach	Emlyn	Dyfed	36.63	<b>6</b>
4	853	Gareth Jones	Croesyceiliog	South East Wales	35.73	<b>5</b>
5	557	James Williams	Cwm Rhymini	Glamorgan Valleys	34.86	<b>4</b>
6	702	Josh Jones	Caereinion	Powys	31.82	<b>3</b>

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### Senior Girls – u20- Years 12 to 14

Event	No	Name	School	District	Perf	New CBP	Points
<b>100:</b>		<b>Lisa Armstrong</b> <b>ws 0.6</b>	<b>cbp – 12.0</b>	<b>1991</b>			
1	41	Rachel Johncock	Dyffryn Conwy	Eryri	12.00	=CBP	8
2	20	Jamie-Leigh Bowen	Whitchurch	Cardiff & the Vale	12.55		7
3	30	Ffion Rees	Bro Myrddin	Dyfed	12.96		6
4	50	Michelle Woodward	Hawthorn	Glamorgan Valleys	13.77		5
5	40	Delyth Jones	Coleg Meirion Dwyfor	Eryri	14.23		X
<b>200:</b>		<b>Lisa Armstrong</b> <b>ws 2.5</b>	<b>cbp - 24.9</b>	<b>1991</b>			
1	41	Rachel Johncock	Dyffryn Conwy	Eryri	24.32	CBP	8
2	20	Jamie-Leigh Bowen	Whitchurch	Cardiff & the Vale	25.95		7
3	31	Abigail Hall	Coleg Sir Gar	Dyfed	27.49		6
4	40	Delyth Jones	Coleg Meirion Dwyfor	Eryri	29.92		X
<b>400:</b>		<b>Sarah Roberts</b>	<b>cbp – 56.49</b>	<b>1996</b>			
1	604	Chloe Jones	Yale College	North East Wales	58.04		8
2	202	Aimee Hendrickson	Bishop of Llandaff	Cardiff & the Vale	62.48		7
3	406	Nia Roberts	John Bright	Eryri	66.01		6
4	309	Sarah Martin	Dewi Sant	Dyfed	69.90		5
<b>800:</b>		<b>Ann Griffiths</b>	<b>cbp – 2:16.6</b>	<b>1980</b>			
1	703	Ffion Price	Llandrindod	Powys	2:13.99	CBP	8
2	105	Jemima Osborn	Olchfa	Afan Nedd Tawe	2:18.95		7
3	106	Elysia Pearson	Olchfa	Afan Nedd Tawe	2:25.06		X
4	203	Bethan Daw	St Cyres	Cardiff & the Vale	2:25.17		6
5	605	Sian Messum	Mold Alun	North East Wales	2:34.68		5
6	310	Meghan Good	Tasker Milward	Dyfed	2:38.29		4
<b>1500:</b>		<b>Elinor Kirk</b>	<b>cbp – 4:42.59</b>	<b>2007</b>			
1	703	Ffion Price	Llandrindod	Powys	4:43.18		8
2	405	Sarah Livett	David Hughes	Eryri	4:48.61		7
3	606	Abbie Oliver	Deeside College	North East Wales	4:50.36		6
4	311	Lisa Neumann	Dewi Sant	Dyfed	5:15.97		5
<b>3000:</b>		<b>Carol Hayward</b>	<b>cbp – 10:11.1</b>	<b>1987</b>			
1	804	Natasha Cockram	Croesyceiliog	South East Wales	10:06.55	CBP	8
2	805	Emma Wookey	St Julian's	South East Wales	10:52.41		X
3	507	Ffion Lewis	Llanhari	Glamorgan Valleys	11:13.99		7
4	313	Kaiha Williams	Greenhill	Dyfed	12:41.58		6
5	312	Rebecca Brace	Greenhill	Dyfed	12:58.19		X
<b>1500 Sc</b>		<b>Kayleigh Brown</b>	<b>cbp - 5:34.45</b>	<b>2007</b>			
1	313	Kaiha Williams	Greenhill	Dyfed	6:47.95		8
<b>100H:</b>		<b>ws 0.9</b>	<b>cbp – 14.4</b>	<b>1978</b>			
1	52	Kate Lewis	Bryntirion	Glamorgan Valleys	15.75		8
2	104	Kimberley Davies	Gower College	Afan Nedd Tawe	15.78		7
3	32	Helena Madan	Sir Thomas Picton	Dyfed	28.90		6
<b>400H:</b>		<b>Alyson Evans</b>	<b>cbp – 61.2</b>	<b>1985</b>			
1	52	Kate Lewis	Bryntirion	Glamorgan Valleys	69.40		8
2	207	Megan Thomas	Cardiff High	Cardiff & the Vale	70.91		7
3	309	Sarah Martin	Dewi Sant	Dyfed	81.14		6
<b>2Km Walk</b>		<b>Charlene Ball</b>	<b>cbp – 11:58.35</b>	<b>2005</b>			
1	315	Heather Lewis	Pembrokeshire College	Dyfed	9:37.71	CBP	8
<b>4x100:</b>		<b>Gwent</b>	<b>cbp – 49.7</b>	<b>1991</b>			
1	201	Cardiff & the Vale			51.92		8
2	301	Dyfed			53.58		7
3	401	Eryri			53.92		6
<b>HJ:</b>		<b>Rebecca Jones</b>	<b>cbp – 1.76</b>	<b>2000</b>			
1	705	Sian Swanson	Coleg Powys	Powys	1.60		8
2	104	Kimberley Davies	Gower College	Afan Nedd Tawe	1.40		7
3	408	Jessica Cryer	Eirias	Eryri	1.35		6
4	202	Aimee Hendrickson	Bishop of Llandaff	Cardiff & the Vale	1.35		5
<b>PV:</b>		<b>Elinor Lewis</b>	<b>cbp – 3.74</b>	<b>2009</b>			
1	609	Rebecca Davies	Hawarden	North East Wales	3.55		8
2	610	Rachel Williams	Deeside College	North East Wales	2.60		X
3	317	Megan Jones	Amman Valley	Dyfed	2.20		7
<b>LJ:</b>		<b>Lisa Armstrong</b>	<b>cbp – 5.80</b>	<b>1993</b>			
1	30	Ffion Rees	Bro Myrddin	Dyfed	5.19/1.0		8
2	318	Sophie Lane	Amman Valley	Dyfed	4.78/1.7		X
3	104	Kimberley Davies	Gower College	Afan Nedd Tawe	4.73/1.5		7
4	319	Eleanor Rowland	Milford Haven	Dyfed	4.67/1.5		X
5	210	Ellie Carter	Bryn Hafren	Cardiff & the Vale	4.51/2.3		6
6	202	Aimee Hendrickson	Bishop of Llandaff	Cardiff & the Vale	4.12/1.4		X
7	50	Michelle Woodward	Hawthorn	Glamorgan Valleys	3.77/2.0		5
<b>TJ:</b>		<b>Sian Swanson</b>	<b>cbp – 11.66</b>	<b>2010</b>			
1	705	Sian Swanson	Coleg Powys	Powys	10.60/-0.9		8
2	318	Sophie Lane	Amman Valley	Dyfed	10.23/-1.3		7
3	211	Lauren Burley	Whitchurch	Cardiff & the Vale	7.86/-0.4		6

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<b>SP:</b>		<b>Jane Berry</b>	<b>cbp – 13.90</b>	<b>1988</b>		
1	320	Lucy Griffiths	Milford	Dyfed	11.23	<b>8</b>
2	212	Ayla Phillips	Barry College	Cardiff & the Vale	10.23	<b>7</b>
3	409	Christina Williams	Coleg Meirion Dwyfor	Eryri	8.75	<b>6</b>
4	511	Trudy Williams	Maesteg	Glamorgan Valleys	7.40	<b>5</b>
<b>DT:</b>		<b>Philippa Roles</b>	<b>cbp – 50.48</b>	<b>1997</b>		
1	320	Lucy Griffiths	Milford	Dyfed	34.37	<b>8</b>
2	511	Trudy Williams	Maesteg	Glamorgan Valleys	31.03	<b>7</b>
3	207	Megan Thomas	Cardiff High	Cardiff & the Vale	22.21	<b>6</b>
4	409	Christina Williams	Coleg Meirion Dwyfor	Eryri	20.68	<b>5</b>
<b>HT:</b>		<b>Toni Wells</b>	<b>cbp - 50.03</b>	<b>2010</b>		
1	212	Ayla Phillips	Barry College	Cardiff & the Vale	41.70	<b>8</b>
2	32	Helena Madan	Sir Thomas Picton	Dyfed	36.03	<b>7</b>
3	511	Trudy Williams	Maesteg	Glamorgan Valleys	31.59	<b>6</b>
<b>JT:</b>		<b>Hilary Davies</b>	<b>cbp – 43.50</b>	<b>1994</b>		
1	321	Zoe Priestley	Pembrokeshire College	Dyfed	36.57	<b>8</b>
2	512	Amy Tidball	Maesteg	Glamorgan Valleys	34.67	<b>7</b>
3	212	Ayla Phillips	Barry College	Cardiff & the Vale	25.70	<b>6</b>

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### Middle Girls – u17 – Years 10 & 11

Event	No	Name	School	District	Perf	New CBP	Points
<b>100:</b>		<b>Jennifer Webb</b>	<b>cbp – 12.1</b>	<b>1978</b>			
		<b>Lowri Jones</b>	<b>cbp – 12.1</b>	<b>1998</b>			
		<b>ws 0.2</b>					
1	62	Beth Sargent	Hawarden	North East Wales	12.51		8
2	44	Elin Jones	Creuddyn	Eryri	12.70		7
3	10	Rhiannon Jeffreys	Cwmtawe	Afan Nedd Tawe	12.70		6
4	38	Natalie Evans	Llandoverly College	Dyfed	13.07		5
5	84	Marthienne Mimbango	Llswerry	South East Wales	13.21		4
6	54	Ellie Harman	Llanhari	Glamorgan Valleys	13.27		3
7	21	Cyndi Kitenge	Mary Immaculate	Cardiff & the Vale	13.49		2
8	72	Cara McNaughton	Christ College	Powys	14.12		1
<b>200:</b>			<b>cbp - 24.9</b>	<b>1989</b>			
		<b>ws 1.7</b>					
1	62	Beth Sargent	Hawarden	North East Wales	25.38		8
2	10	Rhiannon Jeffreys	Cwmtawe	Afan Nedd Tawe	25.72		7
3	39	Laura Davies	St John Lloyd	Dyfed	26.35		6
4	55	Isabel Hughes	Brynteg	Glamorgan Valleys	26.77		5
5	73	Sophie Hill	Llanidloes	Powys	27.01		4
6	480	Caroline Thompson	Botwnog	Eryri	27.88		3
7	98	Olivia Dyer	Radyr	Cardiff & the Vale	28.20		2
dnf	84	Marthienne Mimbango	Llswerry	South East Wales			
<b>300:</b>		<b>Faye Harding</b>	<b>cbp - 39.75</b>	<b>2002</b>			
<b>Ht 1</b>							
1	322	Lauren Bell	Bro Gwaun	Dyfed	42.97	Q	
2	615	Emily Rowlands	Rhosnesni	North East Wales	44.61	q	
3	711	Catrin Thomas	Caereinion	Powys	44.70	q	
4	109	Catrin Roberts	Bryn Tawe	Afan Nedd Tawe	45.18	q	
5	416	Elin Win	Tryfan	Eryri	47.32		1
<b>Ht 2</b>							
1	100	Lucy Hammett	Gowerton	Afan Nedd Tawe	43.12	Q	
2	55	Isabel Hughes	Brynteg	Glamorgan Valleys	43.61	q	
3	214	Georgia Morgan	Bishop of Llandaff	Cardiff & the Vale	44.15	q	
4	807	Rosie Eccles	Chepstow	South East Wales	44.65	q	
<b>Fin:</b>							
1	322	Lauren Bell	Bro Gwaun	Dyfed	41.67		8
2	100	Lucy Hammett	Gowerton	Afan Nedd Tawe	42.56		7
3	55	Isabel Hughes	Brynteg	Glamorgan Valleys	43.01		6
4	711	Catrin Thomas	Caereinion	Powys	43.19		5
5	214	Georgia Morgan	Bishop of Llandaff	Cardiff & the Vale	43.68		4
6	615	Emily Rowlands	Rhosnesni	North East Wales	43.75		3
7	109	Catrin Roberts	Bryn Tawe	Afan Nedd Tawe	44.62		X
8	807	Rosie Eccles	Chepstow	South East Wales	46.96		2
<b>800:</b>		<b>Kirsty McDermott</b>	<b>cbp – 2:14.0</b>	<b>1977</b>			
1	808	Malika Rezougi	Blackwood	South East Wales	2:17.07		8
2	322	Lauren Bell	Bro Gwaun	Dyfed	2:21.42		7
3	417	Kate Moorcraft	Creuddyn	Eryri	2:26.78		6
4	513	Jessica Hegarty	Brynteg	Glamorgan Valleys	2:31.21		5
5	615	Emily Rowlands	Rhosnesni	North East Wales	2:35.03		4
6	110	Naomi Osborn	Bishopston	Afan Nedd Tawe	2:38.25		3
7	712	Sara Rudd	Caereinion	Powys	2:39.41		2
8	215	Erin Murray	Stanwell	Cardiff & the Vale	2:45.95		1
<b>1500:</b>		<b>Non Stanford</b>	<b>cbp – 4:30.62</b>	<b>2004</b>			
1	809	Menna Rose	Haberdashers	South East Wales	4:57.39		8
2	323	Caitlin Thompson	Sir Thomas Picton	Dyfed	4:59.97		7
3	111	Elin Davies	Bishopston	Afan Nedd Tawe	5:00.03		6
4	616	Amanda Kelly	Elfed	North East Wales	5:07.75		5
5	216	Megan Osborne	Llantwit Major	Cardiff & the Vale	5:20.31		4
6	514	Elin Lewis	Cwm Rhymini	Glamorgan Valleys	5:24.21		3
<b>3000:</b>		<b>Natasha Cockram</b>	<b>cbp – 10:12.55</b>	<b>2009</b>			
1	515	Rebecca Evans	Y Pant	Glamorgan Valleys	10:30.09		8
2	324	Kari O'Neill	Tregib	Dyfed	11:27.05		7
3	112	Iona Evans	Olchfa	Afan Nedd Tawe	11:42.80		6
4	217	Fiona Bray	Cowbridge	Cardiff & the Vale	12:37.38		5
5	810	Bethan Jackson	Duffryn	South East Wales	13:35.90		4
<b>80H:</b>		<b>Heather Jones</b>	<b>cbp – 11.34</b>	<b>2003</b>			
		<b>ws 1.2</b>		<b>Re-run</b>			
1	12	Rhiannon Hails	Olchfa	Afan Nedd Tawe	12.16		8
2	56	Lora Roberts	Porthcawl	Glamorgan Valleys	12.35		7
3	11	Katherine Morris	Bishop Vaughan	Afan Nedd Tawe	12.53		X
4	90	Lara Durrani	Glantaf	Cardiff & the Vale	12.87		6
5	300	Alyce Phillips	Queen Elizabeth	Dyfed	12.87		5
6	85	Paige Wright	Chepstow	South East Wales	15.63		4

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<b>300H:</b>	<b>Faye Harding</b>	<b>cbp – 43.42</b>	<b>2001</b>		
1	114 Emily Dacey	Cefn Hengoed	Afan Nedd Tawe	45.98	8
2	614 Rhian Williams	Flint	North East Wales	46.85	7
3	90 Lara Durrani	Glantaf	Cardiff & the Vale	47.63	6
4	56 Lora Roberts	Porthcawl	Glamorgan Valleys	48.46	5
5	113 Emily Morris	Olchfa	Afan Nedd Tawe	49.04	X
6	325 Elinor Jones	Amman Valley	Dyfed	53.65	4
<b>1500 Sc:</b>	<b>Rhianwedd Price</b>	<b>cbp – 5:26.43</b>	<b>2010</b>		
1	326 Rhian Homer	Bro Gwaun	Dyfed	6:11.71	8
<b>2Km Walk</b>	<b>Heather Lewis</b>	<b>cbp –</b>	<b>2010</b>		
1	901 Zoe Hodgkinson	Bryn Hafren	Cardiff & the Vale	14:20.64	8
2	903 Gemma Martin	Whitchurch	Cardiff & the Vale	14:57.27	X
<b>4x100:</b>	<b>South East Wales</b>	<b>cbp – 48.62</b>	<b>1999</b>		
1	301 Dyfed			51.78	8
2	101 Afan Nedd Tawe			52.15	6
3	601 North East Wales			52.41	5
4	401 Eryri			53.05	5
5	801 South East Wales			53.30	4
6	701 Powys			53.74	3
7	501 Glamorgan Valleys			54.22	
Disq	201 Cardiff & the Vale				3
<b>HJ:</b>	<b>Sarah Nicholls</b>	<b>cbp – 1.72</b>	<b>1980</b>		
1	116 Catrin Jones	Pontardulais	Afan Nedd Tawe	1.60	8
2	115 Nia Palla	Bishop Vaughan	Afan Nedd Tawe	1.55	X
3	113 Emily Morris	Olchfa	Afan Nedd Tawe	1.55	X
4	617 Georgia Bates	Prestatyn	North East Wales	1.50	7
5	715 Ella Jones	Welshpool	Powys	1.45	6
6	420 Sian Davies	Syr Thomas Jones	Eryri	1.40	5
7	54 Ellie Harman	Llanhari	Glamorgan Valleys	1.40	4
8	327 Carwen George	Tregib	Dyfed	1.35	3
<b>PV:</b>	<b>Elinor Lewis</b>	<b>cbp – 3.50</b>	<b>2007 &amp; 2008</b>		
	<b>Rebecca Davies</b>		<b>2008</b>		
	<b>Christina Hughes</b>		<b>2008</b>		
1	812 Shannon Lee	Risca	South East Wales	2.85	8
2	328 Enfys Jones	Tregib	Dyfed	2.75	7
3	652 Laura Williams		North East Wales	2.65	6
4	220 Lucy Daly	St John's College	Cardiff & the Vale	2.45	5
<b>LJ:</b>	<b>Aimee Cutler</b>	<b>cbp – 5.77</b>	<b>1998</b>		
1	813 Melissa Arthur	Caldicot	South East Wales	5.14/2.0	8
2	617 Georgia Bates	Prestatyn	North East Wales	5.11/1.3	7
3	114 Emily Dacey	Cefn Hengoed	Afan Nedd Tawe	5.08/0.7	6
4	221 Lucy Taylor	Llantwit Major	Cardiff & the Vale	4.86/0.7	5
5	115 Nia Palla	Bishop Vaughan	Afan Nedd Tawe	4.86/0.9	X
6	38 Natalie Evans	Llandoverly College	Dyfed	4.78/1.3	4
7	716 Hanna Owen	Llanidloes	Powys	4.32/1.1	3
<b>TJ:</b>	<b>Sally Peake</b>	<b>cbp – 11.41</b>	<b>2002</b>		
1	12 Rhiannon Hails	Olchfa	Afan Nedd Tawe	9.58	No wind speeds taken 8
2	716 Hanna Owen	Llanidloes	Powys	9.46	7
3	661 Amy Crocombe	Mold Alun	North East Wales	9.46	6
4	329 Lucy Goodman	Preseli	Dyfed	9.30	5
5	417 Kate Moorcraft	Creuddyn	Eryri	9.00	4
6	222 Bethany Hawkins	Bro Morgannwg	Cardiff & the Vale	8.84	3
7	811 Rebecca Lloyd	Oakdale	South East Wales	8.39	2
<b>SP:</b>	<b>Philippa Roles</b>	<b>cbp – 12.90</b>	<b>1993</b>		
1	330 Awen Rosser	Strade	Dyfed	11.00	8
2	660 Manon Edwards	Morgan Llwyd	North East Wales	9.96	7
3	223 Sarah Herbert	Bryn Hafren	Cardiff & the Vale	8.48	6
4	717 Hannah Bailey	Caereinion	Powys	7.87	5
5	424 Beth Mather	Rydal	Eryri	7.42	4
<b>DT:</b>	<b>Philippa Roles</b>	<b>cbp – 43.80</b>	<b>1994</b>		
1	330 Awen Rosser	Strade	Dyfed	40.34	8
2	519 Zoe Dakin	Llanhari	Glamorgan Valleys	34.29	7
3	618 Sophie Bancroft	Blessed Edward Jones	North East Wales	24.70	6
4	815 Ceri Williams	Llantarnam	South East Wales	24.43	5
5	717 Hannah Bailey	Caereinion	Powys	19.80	4
6	223 Sarah Herbert	Bryn Hafren	Cardiff & the Vale	19.27	3
7	118 Cerys Wathan	Gwyr	Afan Nedd Tawe	16.55	2
<b>HT:</b>	<b>Toni Wells</b>	<b>cbp – 48.73</b>	<b>2009</b>		
1	519 Zoe Dakin	Llanhari	Glamorgan Valleys	45.21	8
2	331 Elliw James	Bro Myrddin	Dyfed	32.62	7
3	332 Jodie Lewis	Pembroke	Dyfed	21.73	X
4	118 Cerys Wathan	Gwyr	Afan Nedd Tawe	11.95	6
	718 Natalie Dowds	Christ College	Powys	nt	

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<b>JT:</b>		<b>Karen Hough</b>	<b>cbp – 46.08</b>	<b>1983</b>		
1	333	Carys Mansfield	Queen Elizabeth	Dyfed	40.05	<b>8</b>
2	813	Melissa Arthur	Caldicot	South East Wales	37.75	<b>7</b>
3	560	Nicole Davenport	Porthcawl	Glamorgan Valleys	33.20	<b>6</b>
4	619	Jennifer Coppel	Rhosnesni	North East Wales	31.73	<b>5</b>
5	719	Tally Dowds	Christ College	Powys	26.72	<b>4</b>
6	520	Jennie Collins	St John Baptist	Glamorgan Valleys	24.71	<b>X</b>
7	425	Suzann Jones	Aberconwy	Eryri	21.93	<b>3</b>
8	119	Jordanna Davies	Dwr Y Felin	Afan Nedd Tawe	20.48	<b>2</b>
9	226	Danielle Close	Bryn Hafren	Cardiff & the Vale	18.50	<b>1</b>

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### Juniors Girls – u15 – Years 8 & 9

Event	No	Name	School	District	Perf	New CBP	Points
<b>100:</b>		<b>Dawn Oliver ws 0.8</b>	<b>cbp – 12.3</b>	<b>1980</b>			
1	16	Hannah Brier	Ystalyfera	Afan Nedd Tawe	12.23	CBP	8
2	304	Ffion Walters	Bro Myrddin	Dyfed	12.91		7
3	77	Vicky Gittins	Welshpool	Powys	12.95		6
4	501	Emma Johnson	Brynteg	Glamorgan Valleys	13.02		5
5	63	Laura Turley	St Richard Gwyn	North East Wales	13.03		4
6	401	Chloe Roberts	Eirias	Eryri	13.42		3
7	22	Izzy Eddy Williams	Cowbridge	Cardiff & the Vale	13.67		2
8	88	Tiri Budd	Chepstow	South East Wales	14.11		1
<b>200:</b>		<b>Dawn Oliver ws 2.0</b>	<b>cbp – 25.2</b>	<b>1980</b>			
1	16	Hannah Brier	Ystalyfera	Afan Nedd Tawe	25.05	CBP	8
2	305	Amy Leahy	Bo Gwaun	Dyfed	26.25		7
3	502	Brenna Price	St John Baptist	Glamorgan Valleys	26.37		6
4	67	Shanon Malone	Mold Alun	North East Wales	26.53		5
5	89	Katie Jayne Priest	St Joseph's Newport	South East Wales	26.80		4
6	77	Vicky Gittins	Welshpool	Powys	26.86		3
7	401	Chloe Roberts	Eirias	Eryri	27.64		2
8	99	Olivia Evans	Whitchurch	Cardiff & the Vale	27.70		1
<b>800:</b>		<b>Julie Garrett</b>	<b>cbp - 2:14.0</b>	<b>1987</b>			
1	440	Abi Backshall	Dyffryn Conwy	Eryri	2:18.87		8
2	521	Rosa Yates	Brynteg	Glamorgan Valleys	2:22.78		7
3	120	Lucy Figelstone	Bishopston	Afan Nedd Tawe	2:26.61		6
4	816	Emma Jordan	Croesyceiliog	South East Wales	2:27.27		5
5	334	Lucy Jones	Maes yr Yrfa	Dyfed	2:30.77		4
6	730	Sarah Williams	Welshpool	Powys	2:38.84		3
dnf	227	Stephanie Lowe	Whitchurch	Cardiff & the Vale			
<b>1500:</b>		<b>Non Stanford</b>	<b>cbp - 4:35.61</b>	<b>2003</b>			
1	228	Kate Seary	Whitchurch	Cardiff & the Vale	4:57.25		8
2	731	Heidi Davies	Llandrindod	Powys	4:59.00		7
3	121	Lara Phillipart	Olechfa	Afan Nedd Tawe	5:01.40		6
4	335	Caitlin Page	Lampeter	Dyfed	5:08.10		5
5	817	Scarlett McPhillips	King Henry VIII	South East Wales	5:22.57		4
6	441	Abi Williams	Eirias	Eryri	5:27.09		3
7	522	Nia Ward	Llangynwyd	Glamorgan Valleys	5:42.94		2
<b>75H:</b>		<b>Jane Buttress ws 0.9</b>	<b>cbp - 11.2</b>	<b>1978</b>			
1	305	Amy Leahy	Bo Gwaun	Dyfed	11.26		8
2	17	Jessica Merrick	Dwr Y Felin	Afan Nedd Tawe	11.75		7
3	29	Claire Taylor	Radyr	Cardiff & the Vale	12.04		6
4	501	Emma Johnson	Brynteg	Glamorgan Valleys	12.13		5
5	78	Rosie Unwin	Llanidloes	Powys	12.35		4
6	601	Melys Edwards	Morgan Llwyd	North East Wales	12.99		3
7	402	Serian Puw	Dyffryn Ogwen	Eryri	13.12		2
8	88	Tiri Budd	Chepstow	South East Wales	13.90		1
<b>1Km Walk</b>		<b>Danni Andrews</b>	<b>cbp – 5:16.40</b>	<b>2007</b>			
1	342	Ellie Dainton	Coedcae	Dyfed	5:21.72		8
2	904	Tillie Carter	Bryn Hafren	Cardiff & the Vale	5:50.80		7
3	343	Felicity Gardner	Coedcae	Dyfed	6:12.53		X
<b>4x100:</b>		<b>Gwent</b>	<b>cbp – 50.07</b>	<b>1996</b>			
1	101	Afan Nedd Tawe			51.24		8
2	301	Dyfed			51.28		7
3	501	Glamorgan Valleys			53.17		6
4	201	Cardiff & the Vale			53.43		5
5	401	Eryri			53.69		4
6	701	Powys			53.73		3
7	801	South East Wales			59.61		2
<b>HJ:</b>		<b>Julia Charlton</b>	<b>cbp - 1.70</b>	<b>1978&amp;80</b>			
1	337	Erin Walters	Bro Myrddin	Dyfed	1.63		8
2	78	Rosie Unwin	Llanidloes	Powys	1.55		7
3	443	Sara Davies	Creuddyn	Eryri	1.55		6
4	122	Caitlin Atkins	Bishopston	Afan Nedd Tawe	1.50		5
5	622	Mari Pugh	Darland	North East Wales	1.40		4
6	820	Poppy Thompson	Haberdashers	South East Wales	1.35		3
7	286	Annabel Curle	Cowbridge	Cardiff & the Vale	1.35		2
8	523	Danielle Minnett	Gartholwg	Glamorgan Valleys	1.25		1
<b>PV:</b>		<b>Rhiannydd Llewellyn</b>	<b>cbp 3.00</b>	<b>2008</b>			
1	524	Holly Field	Hawthorn	Glamorgan Valleys	2.55		8
2	99	Olivia Evans	Whitchurch	Cardiff & the Vale	2.55		7
3	124	Anna Barnes	Olechfa	Afan Nedd Tawe	2.45		6
4	123	Bethan Radford	Olechfa	Afan Nedd Tawe	2.35		X
<b>LJ:</b>		<b>Danielle Selley</b>	<b>cbp – 5.43</b>	<b>1998</b>			
1	502	Brenna Price	St John Baptist	Glamorgan Valleys	5.03/1.8		8

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2	337	Erin Walters	Bro Myrddin	Dyfed	4.97/1.4		7
3	29	Claire Taylor	Radyr	Cardiff & the Vale	4.53/0.6		6
4	479	Catrin Elin Jones	Brynrefail	Eryri	4.27/0.6		5
5	730	Sarah Williams	Welshpool	Powys	4.17/0.8		4
6	17	Jessica Merrick	Dwr Y Felin	Afan Nedd Tawe	4.08/0.8		3
<b>SP:</b>							
		<b>Adele Nicoll</b>	<b>cbp – 12.62</b>	<b>2010</b>			
1	732	Adele Nicoll	Welshpool	Powys	13.33	CBP	8
2	625	Katy Whitely	Rhosnesni	North East Wales	9.89		7
3	338	Bronwen Lewis	Bro Myrddin	Dyfed	9.69		6
4	125	Stephanie Nicholas	Gwyr	Afan Nedd Tawe	8.86		5
5	821	Leah Tedstone	Oakdale	South East Wales	8.26		4
6	445	Emily Hughes	Botwnnog	Eryri	8.16		3
7	229	Georgia Fricker	Corpus Christi	Cardiff & the Vale	8.06		2
8	525	Megan Raikes	Cynffig	Glamorgan Valleys	7.16		1
<b>DT:</b>							
		<b>Sandra Lee</b>	<b>cbp – 38.44</b>	<b>1978</b>			
1	732	Adele Nicoll	Welshpool	Powys	37.06		8
2	125	Stephanie Nicholas	Gwyr	Afan Nedd Tawe	30.79		7
3	524	Holly Field	Hawthorn	Glamorgan Valleys	23.40		6
4	626	Sabrina Fortune	Argoed	North East Wales	22.26		5
5	339	Sharon Rajesh	St Michael's	Dyfed	19.59		4
6	822	Kristie Jones	Brynmawr	South East Wales	18.74		3
7	446	Ela Owen	Brynrefail	Eryri	18.14		2
8	230	Emma Llewelyn	Stanwell	Cardiff & the Vale	15.57		1
<b>HT:</b>							
		<b>Zoe Dakin</b>	<b>cbp – 39.49</b>	<b>2010</b>			
1	127	Carys Smith	Gwyr	Afan Nedd Tawe	36.93		8
2	128	Hannah Powell	Llangatwg	Afan Nedd Tawe	34.57		X
3	126	Cerys McCool	Olchfa	Afan Nedd Tawe	26.06		X
4	526	Alice MacIver	Hawthorn	Glamorgan Valleys	20.07		7
5	527	Hannah Bluck	St Clares	Glamorgan Valleys	18.81		X
6	287	Laura Snook	Llanishen	Cardiff & the Vale	18.44		6
7	339	Sharon Rajesh	St Michael's	Dyfed	13.73		5
<b>JT:</b>							
		<b>Karen Hough</b>	<b>cbp – 41.00</b>	<b>1982</b>			
1	529	Tasia Stephens	Treorchy	Glamorgan Valleys	33.21		8
2	122	Caitlin Atkins	Bishopston	Afan Nedd Tawe	25.70		7
3	823	Sophie Jackson	Croesyceiliog	South East Wales	25.06		6
4	447	Marissa Griffiths	Llangefni	Eryri	24.16		5
5	231	Emily Viggers	St Illtyds	Cardiff & the Vale	22.51		4
6	341	Nia Jones	Penweddig	Dyfed	19.65		3
7	627	Chloe Davies	St Joseph's Wrexham	North East Wales	19.54		2

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**Points Results - FOR PUBLICATION – Weather: overcast, little wind, warm**

### Senior Boys – u20 – Years 12 to 14

EVENT	AfanNT	Card&V	Dyfed	GlamV	Eryri	NE Wales	Powys	SE Wales				Unused
100m	0	8	7	0	0	0	5	6	100m	SB	26	10
200m	0	8	6	0	0	0	0	7	200m	SB	21	15
400m	7	6	8	0	0	0	0	5	400m	SB	26	10
800m	6	4	3	7	0	5	2	8	800m	SB	35	1
1500m	6	4	7	0	5	8	0	3	1500m	SB	33	3
3000m	0	7	8	0	0	0	0	6	3000m	SB	21	15
2km SC	7	6	0	0	0	0	0	8	2km SC	SB	21	15
110H	7	6	8	0	0	0	0	0	110H	SB	21	15
400H	7	6	8	0	0	0	0	0	400H	SB	21	15
2000 Walk	0	0	0	0	0	0	0	0	2000 Walk	SB	0	36
4x100	6	8	7	0	0	0	0	0	4x100	SB	21	15
HJ	5	6	7	8	0	0	0	4	HJ	SB	30	6
PV	0	6	7	8	0	0	0	0	PV	SB	21	15
LJ	8	4	6	5	7	0	0	0	LJ	SB	30	6
TJ	8	7	5	6	4	0	0	0	TJ	SB	30	6
SP	0	7	8	0	0	0	0	0	SP	SB	15	21
DT	0	8	7	0	0	0	0	0	DT	SB	15	21
HT	5	8	7	0	0	0	0	6	HT	SB	26	10
JT	6	7	8	0	0	0	0	0	JT	SB	21	15
	AfanNT	Card&V	Dyfed	GlamV	Eryri	NE Wales	Powys	SE Wales		AGE	434	250
<b>TOTALS</b>	<b>78</b>	<b>116</b>	<b>117</b>	<b>34</b>	<b>16</b>	<b>13</b>	<b>7</b>	<b>53</b>	<b>434</b>			
<b>Position</b>	<b>3</b>	<b>2</b>	<b>1</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>4</b>				

### Senior Girls – u20- Years 12 to 14

EVENT	AfanNT	Card&V	Dyfed	GlamV	Eryri	NE Wales	Powys	SE Wales	REF	AGE		Unused
100	0	7	6	5	8	0	0	0	100	SG	26	10
200	0	7	6	0	8	0	0	0	200	SG	21	15
400	0	7	5	0	6	8	0	0	400	SG	26	10
800	7	6	4	0	0	5	8	0	800	SG	30	6
1500	0	0	5	0	7	6	8	0	1500	SG	26	10
3000	0	0	6	7	0	0	0	8	3000	SG	21	15
100H	7	0	6	8	0	0	0	0	100H	SG	21	15
400H	0	7	6	8	0	0	0	0	400H	SG	21	15
1500Sc	0	0	8	0	0	0	0	0	1500Sc	SG	8	28
2000 Walk	0	0	8	0	0	0	0	0	2000 Walk	SG	8	28
4x100	0	8	7	0	6	0	0	0	4x100	SG	21	15
HJ	7	5	0	0	6	0	8	0	HJ	SG	26	10
PV	0	0	7	0	0	8	0	0	PV	SG	15	21
LJ	7	6	8	5	0	0	0	0	LJ	SG	26	10
TJ	0	6	7	0	0	0	8	0	TJ	SG	21	15
SP	0	7	8	5	6	0	0	0	SP	SG	26	10
DT	0	6	8	7	5	0	0	0	DT	SG	26	10
HT	0	8	7	6	0	0	0	0	HT	SG	21	15
JT	0	6	8	7	0	0	0	0	JT	SG	21	15
	AfanNT	Card&V	Dyfed	GlamV	Eryri	NE Wales	Powys	SE Wales		AGE	411	273
<b>TOTALS</b>	<b>28</b>	<b>86</b>	<b>120</b>	<b>58</b>	<b>52</b>	<b>27</b>	<b>32</b>	<b>8</b>	<b>411</b>			
<b>Position</b>	<b>6</b>	<b>2</b>	<b>1</b>	<b>3</b>	<b>4</b>	<b>7</b>	<b>5</b>	<b>8</b>				

## Welsh Schools' AA

Aviva Welsh Schools National Schools' Track & Field Championships, held at Brecon on Saturday, July 2<sup>nd</sup>, 2011

**Points Results - FOR PUBLICATION – Weather: overcast, little wind, warm**

### Middle Boys – u17 – Years 10 & 11

Middle Boys	AfanNT	Card&V	Dyfed	GlamV	Eryri	NE Wales	Powys	SE Wales	REF	AGE	Unused	Check	
100	2	8	7	3	6	1	4	5	100	MB	36	0	36
200	1	8	6	3	2	7	4	5	200	MB	36	0	36
400	3	7	5	6	0	8	2	4	400	MB	35	1	36
800	3	4	7	2	8	6	0	5	800	MB	35	1	36
1500	6	7	8	4	5	2	1	3	1500	MB	36	0	36
3000	5	6	8	0	4	7	0	0	3000	MB	30	6	36
1500 Sc	4	8	5	0	0	6	0	7	1500 Sc	MB	30	6	36
100Hur	3	6	8	5	4	0	0	7	100Hur	MB	33	3	36
400 Hur	6	7	8	4	0	0	5	0	400 Hur	MB	30	6	36
2000 Walk	0	8	0	0	0	0	7	0	2000 Walk	MB	15	21	36
4x100	0	8	5	0	3	7	4	6	4x100	MB	33	3	36
HJ	2	8	5	4	7	3	0	6	HJ	MB	35	1	36
PV	6	8	0	0	0	5	0	7	PV	MB	26	10	36
LJ	1	6	5	2	4	8	3	7	LJ	MB	36	0	36
TJ	1	7	4	2	6	8	3	5	TJ	MB	36	0	36
SP	0	6	7	8	0	0	4	5	SP	MB	30	6	36
DT	2	5	7	8	4	6	3	1	DT	MB	36	0	36
HT	6	5	4	7	0	8	0	0	HT	MB	30	6	36
JT	5	7	8	6	0	0	0	4	JT	MB	30	6	36
	AfanNT	Card&V	Dyfed	GlamV	Eryri	NE Wales	Powys	SE Wales	REF	AGE	608	76	684
<b>TOTALS</b>	<b>56</b>	<b>129</b>	<b>107</b>	<b>64</b>	<b>53</b>	<b>82</b>	<b>40</b>	<b>77</b>	<b>608</b>				
<b>Position</b>	<b>6</b>	<b>1</b>	<b>2</b>	<b>5</b>	<b>7</b>	<b>3</b>	<b>8</b>	<b>4</b>					

### Middle Girls – u17 – Years 10 & 11

Middle Girls	AfanNT	Card&V	Dyfed	GlamV	Eryri	NE Wales	Powys	SE Wales	REF	AGE	Unused	Check	
100m	6	2	5	3	7	8	1	4	100m	MG	36	0	36
200m	7	2	6	5	3	8	4	0	200m	MG	35	1	36
300m	7	4	8	6	1	3	5	2	300m	MG	36	0	36
800m	3	1	7	5	6	4	2	8	800m	MG	36	0	36
1500m	6	4	7	3	0	5	0	8	1500m	MG	33	3	36
3000m	6	5	7	8	0	0	0	4	3000m	MG	30	6	36
80H	8	6	5	7	0	0	0	4	80H	MG	30	6	36
300H	8	6	4	5	0	7	0	0	300H	MG	30	6	36
1500Sc	0	0	8	0	0	0	0	0	1500Sc	MG	8	28	36
2000 Walk	0	8	0	0	0	0	0	0	2000 Walk	MG	8	28	36
Relay	7	0	8	2	5	6	3	4	Relay	MG	35	1	36
HJ	8	0	3	4	5	7	6	0	HJ	MG	33	3	36
PV	0	5	7	0	0	6	0	8	PV	MG	26	10	36
LJ	6	5	4	0	0	7	3	8	LJ	MG	33	3	36
TJ	8	3	5	0	4	6	7	2	TJ	MG	35	1	36
SP	0	6	8	0	4	7	5	0	SP	MG	30	6	36
DT	2	3	8	7	0	6	4	5	DT	MG	35	1	36
HT	6	0	7	8	0	0	0	0	HT	MG	21	15	36
JT	2	1	8	6	3	5	4	7	JT	MG	36	0	36
	AfanNT	Card&V	Dyfed	GlamV	Eryri	NE Wales	Powys	SE Wales	REF	AGE	566	118	684
<b>TOTALS</b>	<b>90</b>	<b>61</b>	<b>115</b>	<b>69</b>	<b>38</b>	<b>85</b>	<b>44</b>	<b>64</b>	<b>566</b>				
<b>Position</b>	<b>2</b>	<b>6</b>	<b>1</b>	<b>4</b>	<b>8</b>	<b>3</b>	<b>7</b>	<b>5</b>					

## Welsh Schools' AA

Aviva Welsh Schools National Schools' Track & Field Championships, held at Brecon on Saturday, July 2<sup>nd</sup>, 2011

**Points Results - FOR PUBLICATION – Weather: overcast, little wind, warm**

### Junior Boys – U15 – Years 8 & 9

Junior Boys	AfanNT	Card&V	Dyfed	GlamV	Eryri	NE Wales	Powys	SE Wales				Unused	
100	3	7	8	5	2	0	6	4	100	JB	35	1	36
200	1	3	7	8	4	6	2	5	200	JB	36	0	36
400	7	3	4	8	6	2	1	5	400	JB	36	0	36
800	2	6	5	8	3	4	0	7	800	JB	35	1	36
1500	8	7	3	5	6	4	1	2	1500	JB	36	0	36
80Hur	8	5	7	4	0	0	3	6	80Hur	JB	33	3	36
1000 Walk	0	7	8	0	0	0	0	0	1000 Walk	JB	15	21	36
4x100	6	3	8	7	5	0	2	4	4x100	JB	35	1	36
HJ	5.5	8	5.5	4	7	0	0	0	HJ	JB	30	6	36
PV	8	7	0	0	0	0	0	0	PV	JB	15	21	36
LJ	6	8	7	5	3	2	1	4	LJ	JB	36	0	36
TJ	2	7	5	6	4	3	0	8	TJ	JB	35	1	36
SP	4	7	6	1	3	8	5	2	SP	JB	36	0	36
DT	5	3	6	4	7	8	1	2	DT	JB	36	0	36
HT	0	5	3	6	8	0	7	4	HT	JB	33	3	36
JT	7	8	6	4	0	0	3	5	JT	JB	33	3	36
	AfanNT	Card&V	Dyfed	GlamV	Eryri	NE Wales	Powys	SE Wales			515	61	576
	D	E	F	G	H	I	J	K					
<b>TOTALS</b>	<b>72.5</b>	<b>94</b>	<b>88.5</b>	<b>75</b>	<b>58</b>	<b>37</b>	<b>32</b>	<b>58</b>	515				
<b>Position</b>	<b>4</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>5=</b>	<b>7</b>	<b>8</b>	<b>5=</b>					

### Juniors Girls – u15 – Years 8 & 9

Junior Girls	AfanNT	Card&V	Dyfed	GlamV	Eryri	NE Wales	Powys	SE Wales	AGE		Unused	Check	
100	8	2	7	5	3	4	6	1	100	JG	36	0	36
200	8	1	7	6	2	5	3	4	200	JG	36	0	36
800	6	0	4	7	8	0	3	5	800	JG	33	3	36
1500	6	8	5	2	3	0	7	4	1500	JG	35	1	36
75Hur	7	6	8	5	2	3	4	1	75Hur	JG	36	0	36
1000 Walk	0	7	8	0	0	0	0	0	1000 Walk	JG	15	21	36
4x100	8	5	7	6	4	0	3	2	4x100	JG	35	1	36
HJ	5	2	8	1	6	4	7	3	HJ	JG	36	0	36
PV	6	7	0	8	0	0	0	0	PV	JG	21	15	36
LJ	3	6	7	8	5	0	4	0	LJ	JG	33	3	36
SP	5	2	6	1	3	7	8	4	SP	JG	36	0	36
DT	7	1	4	6	2	5	8	3	DT	JG	36	0	36
HT	8	6	5	7	0	0	0	0	HT	JG	26	10	36
JT	7	4	3	8	5	2	0	6	JT	JG	35	1	36
	AfanNT	Card&V	Dyfed	GlamV	Eryri	NE Wales	Powys	SE Wales			449	55	504
	D	E	F	G	H	I	J	K					
<b>TOTALS</b>	<b>84</b>	<b>57</b>	<b>79</b>	<b>70</b>	<b>43</b>	<b>30</b>	<b>53</b>	<b>33</b>	<b>449</b>				
<b>Position</b>	<b>1</b>	<b>4</b>	<b>2</b>	<b>3</b>	<b>6</b>	<b>8</b>	<b>5</b>	<b>7</b>					

## Welsh Schools' AA

Aviva Welsh Schools National Schools' Track & Field Championships, held at Brecon on Saturday, July 2<sup>nd</sup>, 2011

**Points Results - FOR PUBLICATION – Weather: overcast, little wind, warm**

### Overall Points – President's Cup

	AfanNT	Card&V	Dyfed	GlamV	Eryri	NE Wales	Powys	SE Wales		Checksum	
Junior Boys	72.5	94	88.5	75	58	37	32	58	515	61	576
Junior Girls	84	57	79	70	43	30	53	33	449	55	504
Middle Boys	56	129	107	64	53	82	40	77	608	76	684
Middle Girls	90	61	115	69	38	85	44	64	566	118	684
Senior Boys	78	116	117	34	16	13	7	53	434	250	684
Senior Girls	28	86	120	58	52	27	32	8	411	273	684
	<b>408.5</b>	<b>543</b>	<b>626.5</b>	<b>370</b>	<b>260</b>	<b>274</b>	<b>208</b>	<b>293</b>	2983	833	3816
<b>Positions</b>	<b>3</b>	<b>2</b>	<b>1</b>	<b>4</b>	<b>7</b>	<b>6</b>	<b>8</b>	<b>5</b>			